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CHILDREN / YOUTH		
Organization	Description	Contact Information
Children's Immunizations	<p>Immunizations are needed to prevent many childhood illnesses. Cost varies per immunization, or what each can pay if no health insurance. No child is ever turned away because of inability to pay. Appointments: M-F, 8 AM – 5 PM.</p> <p>Call the immunization line: 303-451-0123</p>	<p>Tri-County Health Dept. Castle Rock Office 410 S. Wilcox St. Castle Rock, CO 80109 Phone: 303-663-7650</p> <p>Lone Tree Office 9350 Heritage Hills Circle Lone Tree, CO 80124 303-784-7860</p>
Colorado PEAK	<p>The fast and easy way to access benefits information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and childcare assistance programs. Apply online via eligibility form.</p>	<p>Colorado PEAK Phone: 303-814-5341 https://coloradopeak.secure.force.com</p>
Colorado Preschool Program	<p>A state funded tuition assistance grant providing funding for families who may not be able to enroll their children in a quality preschool. CPP allows eligible children to attend high-quality preschool for free. Douglas County family contact: Deb Baumann email: Debi.Baumann@dcsdk12.org</p>	<p>Douglas County School District 620 Wilcox Street Castle Rock, CO 80104 Deb Baumann Phone: 720-433-1189 www.cde.state.co.us/cpp/familyinfo</p>
Comitis Crisis Center	<p>Offers emergency 7-day shelter for families or adults, transitional short-term shelter for families and for veterans. Meals, Hygiene items, referral services and case management available.</p> <p>Weekly Lottery line MUST call between 5 AM – 12 PM and confirm after 2 PM on Tuesday for Wednesday check-in.</p>	<p>Comitis Crisis Center 2178 N. Victor St. Aurora, CO 80045 Families w/children <18 Lottery Line: 720-505-2628 Adult Lottery Line (18+): 303-317-8990 Transitional VA Shelter: 303-341-9160 www.comitiscrisiscenter.org/comitis-crisis-center</p>
Douglas County Youth & Family Resource Guide	<p>An extensive list of the resources available is available online. Open: M-F, 8 AM – 5 PM.</p>	<p>Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices</p>

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CHILDREN / YOUTH continued		
Organization	Description	Contact Information
Juvenile Assessment Center - JAC	Providing no-cost screening and assessment to adolescents exhibiting concerning changes in behavior, truancy, possible drug abuse, or potential mental health issues. Call to schedule an appointment for assessment or receive assistance over the phone. Leave a message, if necessary.	The Family Resource Pavilion 9700 East Easter Lane Centennial, CO 80112 Phone: 720-213-1320 www.jac18.org
Liaisons for Students Without a Permanent Home	Liaisons offer support to any student who lacks a fixed, adequate, or regular nighttime residence.	Douglas County School District 620 Wilcox Street Castle Rock, CO 80104 Homeless Liaison Phone: 303-387-0142 Email: homelessliaison@dcsdk12.org www.dcsdk12.org/health-and-wellness/homeless-student-liaison
WIC – Women Infants and Children	Provides nutrition counseling and vouchers for nutritious foods to income-eligible women who are pregnant or breastfeeding and for families with children to age 5. All families are welcome and can apply for WIC at any time. Call for appointment. Hours: M-F, 8 AM – 5 PM.	Tri-County Health Dept. – WIC Offices WIC Appointments: 303-846-2002 Lone Tree & Castle Rock: 303-846-2002 Elizabeth: 303-846-2002; 1 day/month Englewood: 303-783-7101 Aurora South: 303-873-4400 www.tchd.org/291/Women-Infants-Children-WIC
WrapAround Program Douglas County Youth Initiative	A support program for families with teens who are having family conflicts or problems dealing with troubled youth. Participation is voluntary and usually free of charge. The Douglas County Youth Initiative coordinates all local youth-serving organizations.	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Douglas Co. WrapAround: 303-663-6233 Youth Services: 303-688-4825, Ext. 5327 www.douglas.co.us/countyadmin/youth www.douglas.co.us/community/partners-and-providers/youth-initiative/wraparound-program

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CLOTHING & MERCHANDISE		
Organization	Description	Contact Information
Clothes To Kids of Denver	Provides clothing for students (ages 3-21, in preschool through 12 th grade/GED) in need of assistance. Kids shop in a welcoming, store-like environment choosing a (new and donated) wardrobe at each of two visits per year. See their website for qualification and shopping information. By appointment only – call: 720-379-4630, ext. 2 Hours: TWTh, 9 AM – 6PM; F, 9 AM- 5 PM; Sa, 9 AM – 3:30 PM	Clothes To Kids of Denver 2890 S. Colorado Blvd. Unit M-3 Denver, CO 80222 Phone: 720-379-4630, ext. 2 www.clothestokidsdenver.org
Help & Hope Center Treasures on Park Street Thrift Store	Thrift Store Hours: M-Sa, 9 AM – 4 PM.	Help & Hope Center Treasures on Park Street Thrift Store 1638 Park St. Castle Rock, CO 80109 Phone: 303-688-6129 www.treasuresstore.org
Freecycle Network	Grassroots, nonprofit movement of people who are giving (and getting) stuff for free in their own towns. Each local group is moderated by local volunteers. Membership is free.	Freecycle Network www.freecycle.org
Goodwill Thrift Store	Hours: M – Sa, 9 AM – 9 PM; Sundays, 9 AM – 7 PM. Offers senior and military discounts.	Goodwill Store & Donation Center 11000 S Parker Rd Parker, CO 80104 Phone: 303-840-1004 www.goodwilldenver.org
Just Between Friends	New and gently-used children's & maternity merchandise is sold at great savings, usually far below retail prices. Events usually held twice per year. Please refer to website for upcoming dates.	Just Between Friends Douglas County Fair Grounds 500 Fairgrounds Rd Castle Rock, CO 80104 www.douglascounty.jbfsale.com
Salvation Army Thrift Store	Hours: M-Sa, 10 AM – 7 PM & Sundays 11 AM – 4 PM. Senior and military discounts.	Salvation Army Thrift Store 18349 Lincoln Meadows Pkwy Parker, CO 80134 Phone: 720-851-0202 www.salvationarmyusa.org

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COLORADO DRIVER'S LICENSE / ID CARD		
Organization	Description	Contact Information
Colorado Driver's License and ID Card	Please visit web site to see locations, hours and requirements for obtaining either a Colorado Driver's License or ID Card.	Colorado Driver's License and ID Card www.colorado.gov/cs/satellite/revenue-mv/rmv
Colorado Legal Services - Colorado Collaborative ID Project Partner	<p>CLS Follows Federal Poverty Guidelines to determine financial eligibility. CLS can help with Family Law; consumer/debt problems; housing law; issues for senior; problems with SSA, Medicare, Medicaid & SSI, tax issues, civil problems, immigration issues on a case-by-case basis.</p> <p>Walk-in Hours: M-F, 8:30 – 11 AM & 1 – 2 PM.</p>	<p>Colorado Legal Services 1905 Sherman St., Suite 400 Denver, CO 80203 Phone: 303-837-1313 www.ColoradoLegalServices.org</p> <p>Migrant Farm Worker Division Phone: 800-846-4330 www.coloradofarmworkers.org</p>
Metro Caring - Colorado Collaborative ID Project Partner	<p>Metro Caring is a lead agency in the Colorado Collaborative ID Project and assists in obtaining documents required for employment, housing, and medical care. If you need an out-of-state birth certificate they can assist and expedite getting the birth certificate, so you can obtain a Colorado ID. When funding is available, this is done free of charge. They will also pay the fee for a low-income person to get a Colorado ID or Driver's License. Funds to assist with documents are usually available at the beginning of each month but are depleted by end of month.</p> <p>Hours: M-F, 9:30 AM – 3 PM; Tuesdays, 6 PM – 8 PM. Closed 1st Wednesday of each month.</p>	Metro Caring P. O. Box 300459 1100 E. 18th Ave. Denver, CO 80218 Phone: 303-860-7200 www.metrocaring.org

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COUNSELING		
Organization	Description	Contact Information
Alternative Pregnancy Center	Provides a 24-hour Helpline, pregnancy testing, ultrasound services, confidential consultation, adoption education, pre- and post-natal medical care referrals, financial and legal assistance, post-abortion counseling, success development curriculum and abstinence education. Also offers STD testing & treatment. All services are confidential and provided free of charge. Open: TWTH, 10 AM – 4 PM. Call 24-hr. Helpline for additional locations and hours.	Alternative Pregnancy Center 410 S. Wilcox, Ste. 103 Castle Rock, CO 80104 24-hr. Helpline: 303-295-2288 www.youhavealternatives.org
AllHealth Network (formerly Arapahoe/Douglas Mental Health Network)	Young Adult/Adult Counseling Therapy; Be-well Primary Care Clinic; Child, Adolescent & Family Therapy; Criminal Justice Rehab Services; Pharmacy; Rehabilitation & Recovery; Resource Library; Substance Abuse Treatment; Therapeutic Groups; Walk-in Crisis Stabilization. Accepts private insurance, Medicaid, Medicare and alternative payment options. Locations in Littleton, Englewood, Castle Rock & Parker. Hours: M-F, 7 AM – 7 PM.	<p>AllHealth Network Client 24-hr. Crisis Line: 303-730-3303 Info & Appointments: 303-730-8858 Colorado Crisis Services: 1-844-493-8255 Text TALK to 38255 www.allhealthnetwork.org</p> <p>AllHealth Network - Parker Location 10350 Dransfeldt Rd. Parker, CO 80134 Walk-In Hours: T & W, 8 AM – 2 PM</p> <p>Crown Point Plaza 9235 Crown Crest Blvd., Ste. 130 Parker, CO 80138 Phone: 303-730-8858</p>

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COUNSELING continued		
Organization	Description	Contact Information
Divorce Care	Weekly support group seminars for those going through separation and divorce. Sessions begin at different times throughout the year at multiple locations in the metro area. Three host locations in Parker; call for dates and times or visit web site: www.divorcecare.org	<p>Parker Evangelical Presbyterian Church 9030 Miller Rd. Parker, CO Phone: 303-841-2025</p> <p>Crossroads Community Church 9900 S. Twenty Mile Rd. Parker, CO 80134 Phone: 720-476-0370</p> <p>Southeast Christian Church 9650 Jordan Rd., Parker, CO 80134 Phone: 303-841-9292</p>
FreedomChoice, LLC	Specializing in family-focused intervention/therapy, mental health wellness and behavioral health counseling, marriage, anxiety, depression, and stress challenges, teens and children counseling and PTSD treatment. Counselors help patients develop comprehensive, personalized health care programs, focused on assisting in the areas of PTSD and Suicide Prevention, Mental Health and Family Counseling for spouses and children. Counseling offered via outpatient and in-home health care, using a 'total health plan' model. or via Telehealth. Visit web site to request appointment; callback guaranteed within 48-hrs.	FreedomChoice, LLC Phone: 720-213-5955 email: info@freedomchoicehealth.com www.freedomchoicehealth.com
Gateway Shelter for Battered Women & Children	Offers counseling & support services to victims of domestic violence, both physical and psychological, and to children who have witnessed domestic violence. Counseling is open to anyone and Gateway offers two emergency shelters. Sliding scale fee that accommodates anyone seeking help. If full, ask for referral. Court advocacy program. Gateway's Bailey Project helps shelter families and their pets for emergency and residential care. Serves Aurora and Arapahoe County.	Gateway Shelter for Battered Women & Children Crisis Line: 303-343-1851 Admin Phone: 303-343-1856 www.GatewayShelter.org

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COUNSELING continued		
Organization	Description	Contact Information
Job Survival Hotline 9to5	Dedicated to winning justice for working women, 9to5 provides women with no-cost, confidential information about job problems and workplace rights. Helps with issues such as equal pay for equal work, sexual harassment and discrimination, paid sick time, family leave and pregnancy discrimination. Trained staff provides information on employment rights, suggestions on how to handle workplace situations and organize for better policies, and referrals to government agencies, legal and community resources. Also offer eviction toolkit plus information about renter's rights.	Job Survival Hotline – 9to5 4130 Tejon St., Unit A Denver, CO 80218 Phone: 303-628-0925 National Contact Information Helpline: 800-522-0925 email: 9to5Colorado@9to5.org www.9to5.org/local/co
National Alliance on Mental Illness (NAMI)	This nationwide program provides support and information for individuals, families and educators who are dealing with mental illness. This local affiliate provides classes, support groups, speakers and resource information for locating insurance, housing, rehabilitation and jobs.	NAMI Arapahoe/Douglas Counties 155 Inverness Dr. West, Ste. 205 Englewood, CO 80112 Phone: 303-991-7688 Email: info@namiadco.org www.namiadco.org Colorado Crisis & Support Line: 1-844-493-8255 or Text: 38255 National Suicide Prevention Lifeline: 1-800-273-8255 Veteran's Crisis Line 1-800-273-8255, press 1

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COUNSELING continued		
Organization	Description	Contact Information
Planned Parenthood of the Rocky Mountains, Inc.	Clinics offer family planning services, contraceptives, HIV/AIDS testing, STD testing and treatment, pregnancy testing, and breast and cervical cancer screening. Free annual exams are given to women over 40 who qualify. Serving men, women, teens and the LGBT community. Hours: M & T, 9 AM – 6 PM; W & F, 9 AM – 5 PM; Th, 11 AM – 6 PM; Sa, 9 AM – 3 PM.	Planned Parenthood of the Rocky Mountains, Inc. 1284 S. Abilene St. Aurora, CO 80012 Phone: 303-671-7526 or 800-230-7526 www.pprm.org
Project Safeguard	A non-profit organization committed to helping end domestic violence while increasing safety and survival options for abused women and their children. Project Safeguard provides safety planning, legal advocacy and direct court support to victims of domestic violence and abuse, ensuring their safety and survival. Visit their website for additional information and resources for creating a Personal Safety Plan.	Project Safeguard Rose Andom Ctr. & Business Office 1330 Fox Street, Ste. A Denver, CO 80204 Phone: 720-337-4468 Helpline: 303-219-7049 Legal Advocacy Line: 720-626-8269 www.psghelps.org Arapahoe County Justice Center 7325 South Potomac St., Rm. 209A Centennial 80112 Phone: 303-799-3977 Douglas County Crisis Center 24-hr. Crisis Line: 303-688-8484 Toll Free Crisis Line: 888-247-7472

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COUNSELING continued		
Organization	Description	Contact Information
Stephen Ministry	Stephen Ministry is a program where trained lay volunteers offer confidential Christian support, a listening ear, and Christian caring, in a one-on-one relationship with those facing emotional and/or life changing hardships (divorce, death, illness, financial hardships, etc.). Three locations in Parker.	<p>Stephen Ministry Parker Evangelical Presbyterian Church 9030 Miller Rd Parker, CO 80138 Phone: 303-841-2125 Email: stephenministry@pepc.org</p> <p>Stephen Ministry Parker United Methodist Church 11805 S. Pine Dr. Parker, CO 80134 Phone: 303-841-3979 Hours: M-F, 8 AM – 4 PM www.ParkerUMC.org</p> <p>Stephen Ministry Crossroads Community Church 9900 S. Twenty Mile Rd. Parker, CO 80134 Phone: 303-841-3785 Email: stephenministry@visitcrossroads.com www.visitcrossroads.com</p>

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CREDIT COUNSELING		
<p>The licensing, reliability, etc., of a credit counseling agency can be checked on the Better Business Bureau's web site www.bbb.org. The site also has detailed information on how to select a good credit counseling agency. AVOID CREDIT COUNSELORS WHO CHARGE A FEE UP FRONT.</p>		
Organization	Description	Contact Information
Cambridge Credit Counseling Corp.	Provides non-profit services for free credit counseling. Offers student loan counseling, foreclosure, bankruptcy and reverse mortgages for a small fee.	Cambridge Credit Counseling Corp. Phone: 1-800-235-1407 www.cambridge-credit.org
Christian Credit Counselors	Christian Credit Counselors is a non-profit Credit Counseling and Debt Management organization. Credit card debt management program helps people avoid bankruptcy, debt settlement scams and quick fixes that ruin credit.	Christian Credit Counselors Phone: 1-800-557-1985 www.christiancreditcounselors.org info@christiancreditcounselors.org
Colorado Collection Agency Information	One of the most common problems concerning debt collection is harassment by a collection agency. For information visit the Consumer Protection section of the Colorado Attorney General web site.	Colorado Collection Agency Info Office of the Attorney General Colorado Department of Law Consumer Protection Section, CAR Ralph L. Carr Colorado Judicial Center 1300 Broadway, 6th Floor Denver, CO 80203 Email: car@coag.gov Consumer Complaints: 720-508-6022 https://coag.gov
Consolidated Credit Counseling Services, Inc.	Consolidated Credit Counseling Services offers free credit repair. Also, for a fee, helps consumers to lower monthly payments, reduce interest rates and late fees, avoid bankruptcy and rebuild credit through credit counseling, debt consolidation and financial education. Also offers housing counseling as a HUD certified agency. Available M-Th, 8:30 AM – 8 PM (EST); F, 9 AM – 5 PM (EST).	Consolidated Credit Counseling Services, Inc. Information: 1-844-262-7906 www.ConsolidatedCredit.org Email: Housing@consolidatedcredit.org Counselor@ConsolidatedCredit.org

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CREDIT COUNSELING continued		
<p>The licensing, reliability, etc., of a credit counseling agency can be checked on the Better Business Bureau's web site www.bbb.org. The site also has detailed information on how to select a good credit counseling agency. AVOID CREDIT COUNSELORS WHO CHARGE A FEE UP FRONT.</p>		
Organization	Description	Contact Information
Consumer Credit Counseling Services a.k.a. Money Management International	Provides professional financial guidance, credit counseling, student loan management, educational programs, debt management assistance, bankruptcy counseling & education services and housing counseling assistance to consumers via phone, Internet and in-person sessions. Most counseling is provided at no cost. Phone counseling available 24/7.	Money Management International 3190 S. Vaughn Way, Ste. 550 Aurora, CO 80014 24/7 Phone: 866-889-9347 www.moneymanagement.org
Credit Repair: Self Help May Be Best	A consumer education sheet published by the FTC. Provides information on credit repair scams, disputing credit mistakes, and how to find legitimate credit help. Order a free credit report at: 1-877-322-8228 or at www.annualcreditreport.com	Federal Trade Commission File a Complaint: www.consumer.ftc.gov/topics/dealing-debt
Fair Debt Collection Practices Act - FDCPA	Requires that debt collectors treat you fairly. Both Colorado and the US Gov't have their own FDCPA.	FDCPA Colorado Attorney General Consumer Complaints: 720-508-6022 www.ago.state.co.us/cadc Federal Trade Commission www.FTC.gov/bcp E-mail: car@coag.gov
In Charge Debt Solutions	A non-profit organization that provides credit counseling, creating a budget, debt management programs & alternatives to debt consolidation without a loan or bankruptcy. Open M-F, 9 AM – 10 PM (EST); Saturdays 9 AM – 6 PM (EST). New Client Credit Counseling: 1-877-906-5599 Existing Client Customer Service: 1-888-734-6229 Housing Counseling: 1-877-712-6040 (M-F, 9 AM–5 PM EST) Bankruptcy Counseling: 1-866-729-0049 (M-F, 8 AM–9 PM EST)	In Charge Debt Solutions Main Phone: 800-565-8953 www.InCharge.org

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CRISIS		
Organization	Description	Contact Information
The Blue Bench - Sexual Assault Prevention and Support Center (formerly RAAP)	Advocacy, prevention and support concerning sexual assault. Provides case management, referrals, workshops, individual and group therapy and court accompaniment. Serves youth age 13+, women and men. Open 24/7.	The Blue Bench 24 Hr. Hotline: 303-322-7273 Toll-Free Hotline: 888-394-8044 Español: 303-329-0031 Program Info: 303-329-9922 Email: info@thebluebench.org www.thebluebench.org
Colorado Life Trak Program	Part of a nationwide system to help law enforcement find adults and children suffering from Alzheimer's disease, Down syndrome, Autism and other related disorders. The web site has an application questionnaire and provides costs and information regarding ordering the tamper-proof wristband transmitter to be worn by the at-risk individual. Program fees can be waived in cases of financial hardship.	Colorado Life Trak Program Douglas County Sheriff Community Resource Unit Emergency Crisis Line: 303-660-7500 OR call 911 Toll Free Phone: 800-654-2733 Community Outreach: 303-660-7544 Phone: 303-841-9800 (Parker Police) www.dcsheriff.net/community/colorado-life-trak
Crisis Center & Outpatient Counseling	Serves Douglas, Elbert and Lincoln Counties, focusing on advocacy, education and prevention of domestic violence. Provides emergency shelter, adult and child therapy, legal advocacy, school-based & community outreach and counseling services.	Domestic Violence Crisis Center & Outpatient Counseling P.O. Box 631302 Littleton, CO 80163 24 Hr. Crisis Line: 303-688-8484 Toll Free Phone: 888-247-7472 Office Phone: 303-688-1094 Email: info@thecrisiscenter.org www.thecrisiscenter.org/get-help
Crisis Text Line	Every texter is connected with a Crisis Counselor, a real-life human trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving. All Crisis Counselors are volunteers, donating their time to helping people in crisis.	Crisis Text Line Text HOME to 741741 www.crisistextline.org

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CRISIS continued		
Organization	Description	Contact Information
Douglas County Crisis Hotline	Call to report domestic violence, child abuse, adult abuse or exploitation.	Douglas County Human Services 24-hr. Hotline: 303-663-6270
Douglas County Schools - Suicide Prevention Information	Suicide is Preventable. Web page provides suicide prevention information including recognizing the signs of depression, treatable conditions which can lead to suicide. Useful advice for parents, students and social media users.	Douglas County Schools – Suicide Prevention Information Safe2Tell Report Line: 1-877-542-7233 www.dcsdk12.org
National Alliance on Mental Illness (NAMI) Arapahoe/Douglas Counties	This nationwide program provides support and information for individuals, families and educators who are dealing with mental illness. This local affiliate provides classes, support groups, speakers and resource information for locating insurance, housing, rehabilitation and jobs. Walk-in Crisis Centers (Operated by All-Health Network) offer 24/7 in-person crisis care, regardless of ability to pay. Littleton Walk-In Center: Santa Fe House, 6509 S. Santa Fe Drive, Littleton Aurora Walk-In Center: Anschutz Medical Campus, 2206 Victor Street, Aurora	NAMI Phone: 303-991-7688 Email: info@namiadco.org www.namiadco.org Colorado Crisis & Support Line: 1-844-493-8255 or Text: 38255 National Suicide Prevention Lifeline: 1-800-273-8255 Veterans Crisis Line: 1-800-273-8255, 1 Statewide 24/7 Walk-in Centers: www.coloradocrisisservices.org
Project Safeguard	Committed to helping end domestic violence while increasing safety and survival options for abused women and their children. Project Safeguard provides safety planning, legal advocacy and direct court support to victims of domestic violence and abuse, ensuring their safety and survival. Visit their website for additional information and resources for creating a Personal Safety Plan. Advocates may be in court; leave a message with a SAFE phone number or a SAFE email. Calls returned within 24 hrs. (except holidays & weekends). Hours: M-F, 8:30 AM – 4:30 PM.	Project Safeguard Rose Andom Ctr. & Business Office 1330 Fox Street, Ste. A, Denver, CO 80204 Phone: 720-337-4468 Helpline: 303-219-7049 Legal Advocacy Line: 720-626-8269 www.psghelps.org Arapahoe County Justice Center 7325 South Potomac St., Rm. 209A Centennial 80112 Phone: 303-799-3977 Douglas County Crisis Center 24-hr. Crisis Line: 303-688-8484 Toll Free Crisis Line: 888-247-7472

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CRISIS continued		
Organization	Description	Contact Information
Suicide Prevention Crisis Lines	Crisis help lines for people with suicidal thoughts. These lines also provide an informational and support resource for family members and friends.	<p>Suicide Prevention Crisis Lines Call 911 immediately if someone states they are going to kill themselves</p> <p>Suicide Prevention Coalition of CO Colorado Crisis Services Toll-Free Phone: 844-493-8255 Text “talk” to 38255</p> <p>Safe2Tell 24-hr. Phone: 877-542-7233 (SAFE) www.safe2tell.org</p> <p>Douglas County Suicide Prevention Alliance Non-Emergency Phone: 303-814-7033</p> <p>National Suicide Prevention Lifeline Phone: 800-273-8255 (TALK)</p>
Urban Peak	Urban Peak is a non-profit agency providing services for youth ages 15 through 20 experiencing homelessness or at imminent risk of becoming homeless. The 40-bed overnight shelter is open 24/7/365. At little or no cost to the youth, they offer: an overnight shelter, a daytime drop-in center, street outreach, education & employment programming and supportive housing. Call for more information about emergency housing and wait lists for transitional housing options.	<p>Urban Peak – Denver 2100 Stout Street Denver, CO 80205 Phone: 303-974-2900 Emergency Youth Shelter: 303-974-2908 TTY/TDD: 800-659-2656 www.urbanpeak.org</p> <p>The Place – Colorado Springs 423 E. Cucharras St. Colorado Springs, CO 80903 Phone: 719-630-3223</p>

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DISABILITY INFORMATION		
Organization	Description	Contact Information
A3 Colorado Adapt, Adjust, Achieve (American Council of the Blind)	A non-profit agency that offers services for the blind and visually impaired. Services include Vision Link, orientation and mobility programs. ACBCO also offers outreach and support services.	A3 Colorado Mailing Address only: 545 N. Broadway, PMB #10 Denver, CO 80203 Phone: 303-831-0117 www.a3colorado.org
Atlantis Community, Inc.	Providing services for people with disabilities to establish their independence with community support. Atlantis assists the individual in fulfilling whatever goals <i>they</i> outline for <i>themselves</i> . Provides services to individuals with disabilities based on advocacy, peer support, information and referral to resources for independent living and transition services.	Atlantis Community, Inc. 420 W Cedar Ave. Denver CO 80223 Phone: 303-733-9324 www.atlantiscommunity.org
Audio Information Network of Colorado	A non-profit broadcast & audio information center that provides the blind, low vision & print-disabled access to otherwise inaccessible printed materials. Services and speakerphones, if needed, are provided free of charge.	Audio Information Network of Colorado 1700 55th St., Suite A Boulder, CO 80301 Phone: 303-786-7777, ext. 108 www.aincolorado.org
Developmental Pathways	Provides free services to persons with developmental disabilities and their families living in Douglas and Arapahoe counties. Connects families with funding and approved service providers for therapy, residential living, employment, transportation, training, education, etc.	Developmental Pathways 325 Inverness Drive South Englewood, CO 80112 Phone: 303-360-6600 Open: M-Th; 8 AM – 6 PM www.DevelopmentalPathways.org

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DISABILITY INFORMATION continued		
Organization	Description	Contact Information
HCP-A (A Program for Children and Youth with Special Healthcare Needs)	Offers free support and resources for parents and their children with special health care needs, from birth to 21. Serving Adams, Arapahoe and Douglas Counties.	<p>Tri-County Health Dept. 9350 Heritage Hills Circle Lone Tree, CO 80124 Phone: 303-784-7860 www.tchd.org</p> <p>Elizabeth WIC Office 589 S. Banner St. Elizabeth, CO 80107 Phone: 303-846-2002</p>
Praying Hands Ranch Therapeutic Center	A non-profit committed to meeting the needs of handicapped children, adults, troubled youth and disabled veterans in a ranch environment therapeutic center. Programs include equine harness driving, horticultural and small animal experiences. Primary task is giving clients an opportunity to grow mentally, physically and emotionally strong, gain self-esteem, become independent, learn to care for others, be courageous enough to overcome fears and achieve a better quality of life overall.	Praying Hands Ranch 11892 E. Hilltop Rd. Parker, CO 80138 Office: 303-841-4043 www.PrayingHandsRanches.org
Social Security - Disability Benefits	This program pays benefits to people with disabilities. Call or go online for requirements, instructions and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability www.socialsecurity.gov/disability
State AND (Aid to the Needy Disabled) and AB (Aid to the Blind)	A state funded program providing cash payments to the disabled. Qualifying criteria are 18-59 years old, limited income, and disabled (or expect to be) for six months. Aid to the Blind serves people under 60 who have at least a 6-month total disability that precludes them from working. Call your county department of human services for additional information. M-F, 8 AM – 5 PM.	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices

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EMPLOYMENT		
Organization	Description	Contact Information
AARP	The web site has helpful information for seniors (50+) looking for employment. Click on the topic "WORK AND JOBS" to find helpful job search information and web sites.	AARP Colorado 303 E 17th Ave, # 510 Denver, CO 80203 Phone: 866-554-5376 www.aarp.org
Arapahoe/Douglas Works!	Offers detailed information about available services, resources, current workshops, & hosts job fairs. Provides links to other job searching web sites & a link to file for Colorado Unemployment Insurance. You must register with A/D Works before using any of their services or resources. Registration can be done online at www.ConnectingColorado.com Free services for job seekers - Free use of computers, copiers, fax machines; skills assessment; workshops. By appointment only.	Arapahoe/Douglas Works! Regional Workforce Center 6974 S. Lima St. Centennial, CO 80112 Phone: 303-636-1160 Hours: M-F, 7:30 AM - 4:30 PM Aurora Workforce Center 15400 E. 14 th Place; Ground Level Aurora CO 80011 Phone: 303-636-2014 Hours: M-F, 8 AM – 4:30 PM www.ConnectingColorado.com www.adworks.org
CareerBuilder	An internet site where you can post resumes, find jobs and job recommendations, job alerts, use job search tools, seek advice and resources. You can also search for jobs by business type, job category, location, and distance from your home.	CareerBuilder www.CareerBuilder.com
Colorado Division of Vocational Rehabilitation	Helps find employment for people who have physical, hearing and visual impairment, mental or emotional disabilities that present a barrier to finding employment. DVR provides on-going support after job placement. This is a state and federally funded program; eligible persons must have a desire to work.	Colorado Division of Vocational Rehab 6974 S. Lima St. Centennial, CO 80112 Phone: 303-636-1258 www.colorado.gov/dvr

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EMPLOYMENT continued		
Organization	Description	Contact Information
DISCOVERY Job Network, Inc.	A non-profit, interfaith organization that offers job seekers free assistance with resume writing, interviewing techniques, etc. Will meet with an individual one-on-one; also holds a general support group. M-Th, 9 AM – 4 PM.	DISCOVERY Job Network, Inc. St. Thomas More Church 8035 S. Quebec St. Centennial, CO 80112 Phone: 303-220-3384 Fax: 303-220-3385 www.discoveryjobnetwork.org
Douglas County Human Resources	Douglas County, Colorado employment positions are listed on this web site. When applying for a job, one must create an account using the online application. M-F, 8 AM – 5 PM.	Douglas County Human Services 100 Third St. Castle Rock, CO 80104 Phone: 303-660-7427 Fax: 877-288-0401 Job Hotline: 303-660-7420 Email: HR@douglas.co.us www.douglas.co.us/humanresources
Elbert County Workforce Center	Each Workforce Center is part of an employment service network that links offices across the state and nationally to maximize employer job listing exposure and employment opportunities for job seekers. Come on in or give us a call; we make it easy at no cost to you. The Elbert County Workforce Center is located on the Kiowa Fairgrounds.	Elbert County Workforce Center 75 Ute Avenue Kiowa, CO 80117 Phone: 720-639-5859 Fax: 303-621-0122 Hours: M-Th; 8 AM –12 PM & 1 PM – 5 PM www.ConnectingColorado.com
Emily Griffith Tech College	Emily Griffith Technical College partners with 19 Joint Apprenticeship Training Centers and other registered apprenticeship partners to provide high-quality training by industry professionals in Metro Denver. The College offers a wide array of scholarships to help students pay for their education with the goal of graduating students debt-free so they can start their career without a crushing debt load.	Emily Griffith Tech College College of Trades & Industry 1205 Osage Street Denver, CO 80204 Phone: 720-423-4700 www.emilygriffith.edu

Parker Task Force Resource Guide

EMPLOYMENT continued		
Organization	Description	Contact Information
Internet Sources for Job Searches		<p>www.andrewhudsonsjoblist.com www.craigslist.org www.indeed.com www.jobing.com www.linkedin.com www.monster.com www.parkerchamber.com www.parkercolorado.net/employment www.parkeronline.org</p>
Job Corp	<p>A federally funded program for economically challenged youths, ages 16-24, who are motivated to learn and work. Those accepted are placed in this residential & educational career training program (at no cost) where they can get their GED and/or high school diploma, if needed, and get help with job placement after completing the program.</p>	<p>Job Corps Phone: 800-733-JOBS (5627) 57608 Highway 330 Collbran CO 81624-9500 Phone: 970-487-3576 https://collbran.jobcorps.gov/</p>
The Master's Apprentice	<p>The Master's Apprentice is a faith-based program providing young adults a career in the skilled trades. This tuition FREE program offers young adults, ages 18-29, a 7-week course providing graduates basic skills, personal portfolios and resumes for careers in Plumbing, Electrical, Masonry, HVAC and Carpentry. Students may earn \$150/wk. stipend while attending classes. Average apprenticeship starting salary is \$15/hr.</p>	<p>The Master's Apprentice 646 Mariposa St., #104 Denver, CO 80204 Phone: 303-842-5847 www.themastersapprentice.org</p>
Parker Task Force Job Board	<p>The Parker Task Force has a JOB BOARD that has information on current job openings in Parker and the surrounding area. Job listings include part and full time, blue collar and white collar positions ranging from entry level to management. Open to the public.</p>	<p>Parker Task Force 19105 Longs Way Parker, CO 80134 E-mail: foodbank@parkertaskforce.org Phone: 303-841-3460 www.ParkerTaskForce.org</p>

Parker Task Force Resource Guide

EMPLOYMENT continued		
Organization	Description	Contact Information
School to Work Alliance Program (SWAP)	Offers employment assistance services to individuals, ages 15-24 who are current or prior students suffering barriers to employment (dyslexia, depression, migraines, physical disabilities, ADHD/ADD, etc.). Helps those either unemployed or underemployed with vocational counseling, training and guidance. Call for more info.	Douglas County School District Douglas County High School 2842 Front St. Castle Rock, CO Phone: 720-581-4301 (coordinator) Phone: 720-537-9318 (Ashton) www.dcsdk12.org
Ten Til' Two (10 til 2)	A placement service for college-educated professionals pursuing long term, part-time positions. They advertise that their positions can help one keep their college-educated mind functioning, and at the same time, have a better life/work balance and flexibility as a parent.	Ten Til' Two Phone: 303-909-3868 www.10til2.com
Unemployment Insurance	The UI Program provides temporary and partial wage replacement to workers who have become unemployed through no fault of their own. You must register at a Workforce Center before filing for unemployment benefits. It is best to file for your UI benefits online. There can be a very long wait for telephone inquiries. M-F, 8 AM – 4 PM.	Colorado Unemployment Insurance Dept. of Labor & Employment 633 17th St, Suite 201 Denver, CO 80202 Phone: 303-318-9000 Toll Free: 800-388-5515 www.CoWorkforce.com
Vocational Opportunities for Industry Craft Students Enabling Skillsets (VOICES)	A new program organized by the Cherry Creek Valley Rotary Club of Parker partnering trade schools and businesses with at-risk youth to provide education, training, employment, mentoring and paid apprenticeships leading to full, productive, long term employment opportunities and successful, fulfilling careers in the building trades. Businesses pay all ongoing costs, and the students are offered a full-time job upon graduation. This is intended to be an annual program; visit web site for information and application.	Cherry Creek Valley Rotary Club VOICES Committee P.O. Box 4034 Parker, CO 80134 Email: info@voices4u2 www.voices4u2.com

Parker Task Force Resource Guide

FOOD & LIMITED FINANCIAL ASSISTANCE		
Organization	Description	Contact Information
Aurora Interfaith Community Services	Assistance with food, clothing, bus tickets and help with some utilities. Serving AURORA RESIDENTS ONLY. By appointment only. Call after 8:30 AM, M-TH, for an appointment the same day. Hours: M, T, Th: 8:30 AM - 1 PM; Wednesdays: 8:30 AM - 5:30 PM; Last Friday: 8:30 AM - 1:30 PM; Last Saturday: 10 AM - 1 PM.	Aurora Interfaith Community Services 1553 Clinton St. Aurora, CO 80010 Phone: 303-360-0260 www.aurorainterfaithcommunityservices.org
Break Bread	Free meals offered every Saturday from 4 - 6 PM. Building meaningful relationships among our neighbors through A FREE weekly community meal. All are welcome; no requirements.	Littleton United Methodist Church 5894 S. Datura St. Littleton, CO 80120 Phone: 303-794-6379 www.break-bread.org
Castle Rock Senior Center - Meals on Wheels Program	Frozen meal delivery (a Volunteers of America program) for residents of Douglas County who are 60+ and no longer driving. No income restrictions but a voluntary contribution of \$2.50/meal is suggested. Once a week, five low-fat, low-sodium frozen meals are delivered. To apply, call the Castle Rock Senior Center and ask for Juli.	Castle Rock Senior Center 2322 Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 www.castlerockseniorcenter.org/special-services
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and early childhood assistance programs. Apply online via eligibility form.	Colorado PEAK https://coloradopeak.secure.force.com Toll Free Phone: 1-800-536-5298
ECCO Community Resource Center (Elbert County Coalition for Outreach)	Offer a large thrift store with clothing and household items (sometimes furniture) priced to sell. They offer limited financial aid and client services. They are not a food bank. Some funding available for victims of domestic violence through the VALE Grant (Victims Assistance Law Enforcement). M-F, 10 AM - 4 PM; Sat. 10 AM - 3 PM.	ECCO Community Resource Ctr. & Thrift Store Lions Hall Building 336 Comanche St Kiowa, CO 80117 Phone: 303-621-2599

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FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
The Free Market at Elevation Christian Church	The Free Market at Elevation is a place where people in need are able to get food and help. Visit web site for more information. Open the first and third Saturdays of each month, 9 AM – 1 PM.	The Free Market at Elevation Elevation Christian Church 15600 E. Alameda Pkwy. Aurora, CO 80017 Phone: 720-281-9735 www.elevationcc.com/thefreemarket
Elizabeth Food Bank	Families in need can come to the Food Bank as many as six times a year. Please call for information. Open 12:30 – 3 PM Fridays and 9 – 11:30 AM Saturdays.	Elizabeth Food Bank Elizabeth Presbyterian Church 381 South Banner St. Elizabeth, CO 80107 Church Office: 303-646-4825 www.elizabethpc.org
Food Stamps (SNAP)	Food Assistance is available if you do not have more income than a certain amount each month. The web sites listed offer information to determine if you qualify for SNAP (Supplemental Nutritional Assistance Program) benefits and how to apply. Additional benefits available through SNAP can be found at: https://lowincomerelief.com/category/colorado	Food Stamps (SNAP) Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825, ext. 5329 www.douglas.co.us/humanservices www.benefitsapplication.com
Help & Hope Center Treasures on Park Street Thrift Store	Offers food, limited financial assistance for rent, utilities, emergency medical needs, and temporary emergency lodging. They have a client cap per day, therefore arrive early. The Thrift Store offers clothing, household items, furniture, etc. Call or visit the web site for more information. M-F, 8:30 AM – 12 PM.	Help & Hope Center 1638 Park St. Castle Rock, CO 80109 Phone: 303-688-1114 www.helpandhopecenter.org Treasures on Park Street Thrift Store 1638 Park St. Castle Rock, CO 80109 Phone: 303-688-6129 www.helpandhopecenter.org

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FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Helping Hands of Harvest Food Bank	Two programs supply food to residents of Elizabeth and Elbert County from this source: The Emergency Food Assistance Program (for families) and Commodity Supplemental Food Program (for seniors age 60+). Call for more information. Food Bank Open: M, W & F: 9 AM – 11 AM	Harvest Bible Church 826 South Elbert St Elizabeth, CO 80107 Phone: 303-646-3699 www.go-harvest.org
Integrated Family Community Services	Services include food bank, clothing bank, transportation assistance, rent mortgage and utility assistance. Please call or visit web site for full list of services. Serving Arapahoe County (except Aurora), northern Douglas County and unincorporated parts of Arapahoe County (Centennial, Englewood, Glendale, Highlands Ranch, Littleton, Lone Tree and Sheridan). M, T, Th, F, 8:30 – 11:30 AM & 1 – 3 PM. Wednesdays, 8:30 – 11:30 AM only.	Integrated Family Community Services 3370 S. Irving St. Englewood, CO 80110 Phone: 303-789-0501 www.ifcs.org
KCCC Food Pantry	The Food Pantry provides food and necessary supplies for the needy in the Kiowa and Elbert County area. Call for additional information. Open Tuesdays: 8 AM- 12 PM ** CURRENTLY CLOSED** TO REOPEN UNDER NEW MANGEMENT WINTER 2020	KCCC Food Pantry Kiowa Creek Community Church 231 Cheyenne St. Kiowa, CO 80117 Phone: 303-621-2376 www.kiowacreek.org
Littleton Church of Christ Food Bank	Contact the church office for residency requirements. Food bank is open every other Monday from 3 – 6 PM.	Littleton Church of Christ 6495 S Colorado Blvd Centennial, CO 80121 Office Phone: 303-741-0265 www.LittletonChurch.org
Love, INC.	Faith-based organization works with clients by phone referring those in need to resources for food, limited financial assistance, diaper ministries, cold weather shelters, etc. Call to verify qualification and ID requirements. Serves zip codes: 80110, 80113, 80120-80130. Also operates Renewed Treasures Resale Shoppe at 6512 S. Broadway, Littleton, CO 80120	Love INC. Administrative Offices Only - Call for Services 5854 S. Datura Littleton, CO 80120 Help Line: 303-794-5683 (LOVE) Resale Shoppe: 720-446-1877 www.loveinlittleton.org

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FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Manna Care	Assistance with food, clothing, and personal hygiene items, shelter and resources. Dinner served the 1 st Tuesday of each month. Manna is open Tuesdays, 10 AM – 12 PM; 1 st & 3 rd Tuesdays, 6 – 7:30 PM. Call 303-791-4100 for information.	Manna Ministries Cherry Hills Community Church 3900 Grace Blvd Highlands Ranch, CO 80126 Phone: 303-791-4100, Ext. 8125 www.chcc.org
Modest Needs Foundation	Provides a financial bridge to self-sufficiency by giving low-income households a small grant, generally between \$750-\$1,250 to help pay for an emergency. Application on website.	Modest Needs Foundation www.modestneeds.org
Mission Hills Church Home and Health Ministries	Food Bank only. Hours: Tuesday 5 – 7 PM & Wednesday 10 AM – 12 PM. Some residency restrictions for one-time or short-term help. Serves only residents of Littleton, Sheridan, Englewood or Centennial for long-term assistance.	Mission Hills Church Home and Health Ministries Food Bank located at Littleton Life Center 5804 S. Datura St. Littleton, CO 80120 Phone: 303-953-7180 www.lifecenterlittleton.org
More Life Center	Social outreach branch of Colorado Community Church, working to promote self-sufficiency while maintaining the dignity of those in need. Provides resources such as employment counseling, housing search assistance and a food pantry. Food pantry clients are only eligible for food once every 30 days. Food Pantry Hours: Wed. 9:30 AM – 5 PM & Fri. 12 – 3:30 PM	More Life Center Colorado Community Church 2220 S. Chambers Rd. Aurora, CO 80014 Phone: 720-748-0257 www.ColoradoCommunity.org/more
Parker Task Force for Human Services Food Bank	Food bank serving clients residing in Parker, Franktown and Elizabeth; must bring proof of current address at each visit. A Douglas County Human Services Certified Application Assistance Site, hosting DCHS appointments one day per week. (Call to set an appointment with a DCHS counselor.) Limited financial assistance. Hours: 9 AM – 1 PM; Tuesday, Wednesday, Friday & Saturday. Clients must arrive by 11:30 AM to receive services.	Parker Task Force 19105 Longs Way Parker, CO 80134 E-mail: foodbank@parkertaskforce.org Phone: 303-841-3460 www.ParkerTaskForce.org

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FOOD & LIMITED FINANCIAL ASSISTANCE continued		
Organization	Description	Contact Information
Presbyterian Church of the Covenant Cupboard Food Pantry	Food Pantry serving seniors, disabled individuals and the unemployed or under-employed. Open Fridays, 1-4 PM. Call for more info. No residency restrictions.	Presbyterian Church of the Covenant 5400 S Yosemite Greenwood Village, CO 80111 Phone: 720-841-5129 www.covcupboard.org
Salvation Army Food Bank	Drop in food bank. Serving residents of Arapahoe, Douglas and Elbert counties (based on zip codes). May visit once each month. Open: Tuesdays, 5:30 – 7 PM and Thursdays, 9 – 11 AM Emergency food boxes are available.	Salvation Army Food Bank 3900 E. Arapahoe Centennial CO 80122 Phone: 303-779-9662 Call Center Helpline: 303-295-3366 https://centennial.salvationarmy.org
St. Vincent DePaul - Ava Maria Conference	Provides financial assistance for rent, utilities and food. Church membership is not required, however must live within church boundaries. Offers a compassionate ear for problems. Home visit required for financial assistance. <i>When leaving a voicemail message please expect a return call the next day.</i>	St. Vincent DePaul Ave Maria Catholic Church 9056 E. Parker Rd Parker, CO 80138 Phone: 303-841-3750
SECORCares	Offers food, limited financial assistance (for current clients). Open Wednesday & Thursday 9 AM - 4 PM and Friday & Saturday 9 AM – 1 PM. Check website and call prior to initial visit to be sure client lives within eligible service area in Arapahoe, Douglas or Elbert County. ** No children in shopping room. **	SECORCares 17151 Pine Lane Parker, CO 80134 Phone: 720-842-5621 www.secorcares.com
Valley View Cares A branch of SECORCares	Offers food in a grocery store environment. Please visit website for more information (click on "Outreach") and call to see if you live within eligible service area zip codes. Hours: Fridays 12 PM - 4 PM & Saturdays 9 AM - 1 PM.	Valley View Cares Valley View Christian Church 11004 Wildfield Lane Littleton, CO 80125 Phone: 303-794-6481 www.valleyviewchristianchurch.com

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FORECLOSURES / MORTGAGES		
Organization	Description	Contact Information
Douglas County Housing Partnership	Visit the web site or contact a counselor for information on programs offered: Down Payment Assistance Program, Shared Equity Program, Affordable Rental Housing, Foreclosure Mediation Program, Reverse Mortgages, Homebuyer Education Class - Take the First Step to Home Ownership.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Administration: 303-784-7824 Foreclosure Program: 303-784-7856 Homeownership: 303-784-7857 www.DouglasCountyHousingPartnership.org
Colorado Housing Connects	Colorado Housing Connects helps clients access foreclosure prevention services.	Colorado Housing Connects Foreclosure Hotline: 1-844-926-6632 www.coloradohousingconnects.org
Brothers Redevelopment, Inc.	Brothers Redevelopment, Inc. provides free housing counseling and guidance for reverse mortgages, first time homebuyer counseling, default mortgage and foreclosure issues.	Brothers Redevelopment, Inc. 2250 Eaton St., Suite B Denver, CO 80214 Phone: 303-202-6340 www.brothersredevelopment.org

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HOUSING / RENT		
Organization	Description	Contact Information
Aurora Housing Authority	The Aurora Housing Authority offers a range of housing opportunities to families and individuals with diverse needs. Subsidized housing is provided with funds through the U.S. Department of Housing and Urban Development's Public Housing Program, Section 8 Housing Choice Voucher Program, Moderate Rehabilitation Program, and Project Based Assistance. AHA also owns and manages comfortable and convenient market rate housing. Call for waitlist information.	Aurora Housing Authority 2280 S. Xanadu Way Aurora, CO 80014 Phone: 720-251-2100 www.AuroraHousing.org
Atlantis Community, Inc.	Providing services for people with disabilities to establish their independence with community support, including information and referral to resources for independent living and transition services.	Atlantis Community, Inc. 420 W Cedar Ave. Denver CO 80223 Phone: 303-733-9324 www.atlantiscommunity.org
Brothers Redevelopment, Inc.	Provides a variety of affordable housing options for low-income seniors and families at 13 properties in the Denver metro area along with complimentary housing guidance. Check web site for locations and waitlist status. Paris Family Apartments opens summer of 2019.	Brothers Redevelopment, Inc. 2250 Eaton St., Suite B Denver, CO 80214 Phone: 303-202-6340 www.brothersredevelopment.org
Colorado Housing Connects (CHC)	Helps the elderly, disabled, renters and homeowners navigate non-emergency housing services and resources. Shares offices with Brothers Redevelopment, Inc.	Colorado Housing Connects 2250 Eaton St. Edgewater, CO 80214 Phone: 844-926-6632 www.coloradohousingconnects.org
Colorado Housing Search	Online tool to search for affordable rentals, Section 8 housing and affordable homes for sale.	Colorado Housing Search Phone: 877-428-8844 www.ColoradoHousingSearch.org www.SocialServe.com

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HOUSING / RENT continued		
Organization	Description	Contact Information
Comitis Crisis Center, Inc.	Offers emergency 7-day shelter for families or adults, transitional short-term shelter for families and for veterans. Meals, Hygiene items, referral services and case management available. Weekly Lottery: <i>MUST call between 5 AM – 12 PM and confirm after 2 PM.</i>	Comitis Crisis Center 2178 Victor St., Aurora, CO 80045 Office Phone: 303-341-9160 Adult Shelter: 303-317-8990 Family Shelter: 720-505-2628 www.comitiscrisiscenter.org/comitis-crisis-center
Delores Project, The	Provides safe, reliable shelter and support services for women and transgender individuals experiencing homelessness. Emergency shelter for up to 7 days. Must call on Monday at 10 AM to reserve a bed or at 5:30 PM to see if a bed is available that night. Extended stay shelters and programs (steps to stability and community-based) are available.	The Delores Project P.O. Box 1406 Denver, CO 80201 Phone: 303-534-5411 www.thedeloresproject.org
Denver Rescue Mission	The Denver Rescue Mission offers Emergency Care: Food, Shelter, Clinic & Client Services; New Life Program for men and women who have suffered from addiction, abuse or other hardships; Family Services: Denver Rescue Mission's Family Services incorporates four transformative programs focused on helping homeless working families, seniors and refugees achieve a life of self-sufficiency.	Denver Rescue Mission 6100 Smith Rd. Denver, CO 80216 E-mail: info@denrescue.org Phone: 303-297-1815 Fax: 303-295-1566 www.DenverRescueMission.org
Douglas County Housing Partnership	Provides help in locating affordable housing for qualifying Douglas County residents.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Phone: 303-784-7824 www.douglascountyhousingpartnership.org
Englewood Housing Authority	Handles subsidized housing for lower income, elderly, disabled and handicapped in Englewood. Possible 5-year wait for application. Wait lists may be closed periodically so best to call or check online. Certain income limits apply to specific housing programs. M, T, Th, F: 8 AM-5 PM; Wednesdays by appointment.	Englewood Housing Authority 3460 S Sherman St Suite 101 Englewood, CO 80113 Phone: 303-761-6200 Fax: 303-781-5503 www.innovativehousingconcepts.org

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HOUSING / RENT continued		
Organization	Description	Contact Information
Family Homestead	Provides emergency and transitional housing, and supportive case management to homeless families with children. All clients are given individual living units. Emergency Housing units are almost always full and there is no waitlist. Transitional Housing does have a waiting list, you must make a deposit and pay rent. M-F, 8 AM-4:30 PM	Family Homestead P.O. Box 40186 Denver, CO 80204 Phone: 303-623-6514 www.FamilyHomestead.org
Family Promise of Greater Denver	Program for homeless families with at least one child under 18 to help them with one-time rental assistance. Case management helps with community resources including housing, employment, childcare, food and transportation.	Family Promise of Greater Denver 419 Lipan St. Denver, CO 80204 Phone: 303-675-0713 Fax: 303-839-1826 www.familypromiseofgreaterdenver.org
Habitat for Humanity of Metro Denver	Habitat for Humanity is a homeownership program that empowers families to build a new life for themselves through the stability and security of owning their own home. Habitat homes are not given away but are sold to families who qualify and are willing to make a down payment, put in hundreds of hours of sweat equity labor and can meet a monthly mortgage payment.	Habitat for Humanity of Metro Denver 3245 Eliot St Denver, CO 80211 Office Phone: 303-534-2929 Family Services Hotline: 720-496-2726 www.HabitatMetroDenver.org
Hope House of Colorado	Sixteen to 20-month housing program for teenage single mothers, ages 15 to 20, who are in crisis (with children age 3 or younger). Housing program requires application. Parenting, life skills and spirituality and GED classes. Call for info.	Hope House of Colorado 6475 Benton St, Bldg. A Arvada, CO 80003 Phone: 303-429-1012 www.hopehouseofcolorado.org

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HOUSING / RENT continued		
Organization	Description	Contact Information
Housing & Family Services Program	<p>Provides comprehensive support services for homeless families and youth. The program promotes safe and stable families through self-sufficiency and affordable housing programs: Transitional, rent-subsidized housing; in-home, case management services; referrals to community resources; job listings, crisis hotline for homeless and at-risk homeless families; food, clothing and household goods; basic skills education in budgeting, nutrition, credit management, parenting and career counseling; rent and utility assistance. Also offers military family assistance. Programs Include:</p> <p>House of Hope – 90-day shelter for women with children. Homelessness Program - Help with rent, deposits and/or utilities. No referral needed.</p>	<p>Housing & Family Services Family Tree 3805 Marshall Street Wheat Ridge, CO 80033 Phone: 303-467-2604 www.TheFamilyTree.org House of Hope 3301 S. Grant St. Englewood CO 80113 Phone: 303-762-9525 Domestic Violence Crisis Line: 303-420-6752 Homelessness Program Phone: 303-467-2604</p>
Integrated Family Community Services	<p>Provides rent/utility assistance when funds are available. Offers transitional housing program for families with children. Also has a clothing bank and career center. Call for information. Call at the beginning of the month to schedule an appointment for financial help. No referral needed.</p>	<p>Integrated Family Community Services 3370 S. Irving St Englewood, CO 80110 Phone: 303-789-0501 www.ifcs.org</p>
Marisol Home – Program of Catholic Charities Denver	<p>An interim community-based program offering housing for single expectant mothers, single women and single women with children who are experiencing homelessness. Provides support services leading to self-sufficiency.</p>	<p>Marisol Home Catholic Charities Denver 6240 Smith Rd. Denver, CO 80216 Phone: 303-742-0828 https://ccdenver.org/marisolservices/marisol-homes</p>
Mercy Housing Program Transitional Housing	<p>Offers Affordable housing and supportive services for low income families, seniors and people with special needs. Call for more information.</p>	<p>Mercy Housing Program 1600 Broadway, Ste. 2000 Denver, CO 80202 Toll Free: 866-338-0557 Phone: 303-830-3300 www.mercyhousing.org</p>

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HOUSING / RENT continued		
Organization	Description	Contact Information
Youth Housing Assistance - Bannock Youth and Family Center	Funded by HUD, and staffed by Volunteers of America, the Bannock Youth and Family Center offers programs to help youth and young families reach self-sufficiency. Youth & Young Families Program serves ages 16-24; Housing Stabilization Program serves adults or families ages 25 or older. Clients receive case management support of their employment, education, independent living, parenting skills and more.	Bannock Youth and Family Center 455 Bannock Denver, CO 80204 Phone: 720-217-3884 www.voacolorado.org/gethelp-denvermetro-ryes-youth
Providence Network	Providence Network operates five homes, including: (1) Joy House, a Christian based, 2-year, transformational home offering help and healing to low income abused women and children who are leaving domestic violence situations and seeking to rebuild their lives. Call for specific requirements. (2) Providence House, a long-term (up to 2 yrs.) discipleship home helping single men and women recovering from addictions to rebuild their lives. 3) Silver Lining House, a safe and stable environment for young adults transitioning from life on the streets.	Providence Network 801 Logan St. Denver, CO 80203 Phone: 303-860-8404 www.providencenetwork.org
Samaritan House	Night shelter for homeless women and daytime shelter for men, women and families. Run by Catholic Charities. Lottery: MUST call previous day for 120-day transitional shelter for men, women & families with required programs. If a woman needs emergency overnight stay, must arrive at center before 6 PM.	Samaritan House 2301 Lawrence St Denver, CO 80205 Phone: 303-294-0241 www.samhousedenver.org
STAR Transitional Housing (a Denver Mission Program)	A 6-month to 2-year transitional housing program in a protected crime-free, drug & alcohol free, attractive, clean community with 3 inexpensive, quality meals a day (food stamps accepted) for families, couples, seniors and singles. Drug test required. Housing can be as low as \$567/month; must have income of at least \$800/mo. (individual) or \$1,000/mo. (family). Call for info required at intake appt. Fact sheet with detail on web site.	STAR Transitional Housing Program at The Crossing 6100 E. Smith Road Denver, CO 80216 Phone: 303-297-1815 https://denverrescuemission.org/what-we-do/how-we-help/#transitional-programs

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HOUSING / RENT continued		
Organization	Description	Contact Information
St. Francis Center	Provides daytime shelter, social services, health and wellness, housing, employment and outreach information for adult men and women to help them transition out of homelessness. Also have a 50-unit transitional housing program. Guests are seen on a drop-in basis: M-F, 6:30 AM–4 PM & Sat., 6:30 AM–1 PM	St. Francis Center 2323 Curtis St. Denver, CO 80205 Phone: 303-297-1577 www.sfcdenver.org
United Way 211 Call Center	Information about and referral to human and social service organizations, medical organizations, and financial aid agencies in the greater Denver area (ex. emergency assistance for rent, utilities, food, and evictions) and info on low cost medical care, homeless and domestic violence shelters, quality child care, youth mentoring, & education grants. Available 24 hrs. a day.	United Way Call Center Phone: 211 or 866-760-6489 Text: 898211 E-mail: info@unitedwaydenver.org Phone: 303-433-8383 www.unitedwaydenver.org/211
Volunteers of America	Provides housing assistance for seniors, families, veterans and persons with disabilities. Waiting list may be up to 2-years.	Volunteers of America 2660 Larimer St. Denver, CO 80205 Phone: 303-297-0408 www.voacolorado.org
Warren Village	Warren Village is a non-profit organization helping low income single parent families achieve personal and economic self-sufficiency. Services include early childcare, education programs, family supportive services and transitional housing.	Warren Village 1323 Gilpin St. Denver, CO 80218 Phone: 303-321-2345, ext. 6000 Email: info@warrenvillage.org www.warrenvillage.org
Urban Peak	Urban Peak is a non-profit organization providing services for youth ages 15 through 24 experiencing homelessness or at imminent risk of becoming homeless. At little or no cost to the youth, they offer: an overnight shelter, a daytime drop-in center, street outreach, education & employment programming and supportive housing. In total, Urban Peak manages approximately 120 transitional housing units for youth in Denver. Call for more information about emergency and transitional housing options.	Urban Peak – Denver 2100 Stout Street Denver, CO 80205 Phone: 303-974-2900 TTY/TDD: 800-659-2656 www.urbanpeak.org Shelter (for youth ages 15 through 20) 1630 South Acoma Emergency Youth Shelter: 303-974-2908 Denver, CO 80223

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HOUSING / REPAIR		
Organization	Description	Contact Information
Aging Resources of Douglas County	Dedicated to providing services, resources, and information that allow older people to remain safe, secure, independent and in their own homes. Light maintenance & handyman/chores provided by volunteers, allowing 60+ seniors and adults with disabilities to stay in their homes for as long as possible. Yard work, chore and Handyman services include installing grab bars, light yard work, changing light bulbs, replacing smoke alarm batteries, etc. Open M-F, 8 AM – 4:30 PM. \$25 membership fee for lifetime services (need-based scholarship available).	Aging Resources of Douglas County 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 E-mail: ardc@douglas.co.us www.agingresourcesdougco.org
Brothers Redevelopment, Inc.	Free home modifications and repair for seniors, disabled individuals and households within the HUD income guidelines.	Brothers Redevelopment, Inc. 2250 Eaton St., Suite B Denver, CO 80214 Phone: 303-202-6340 www.brothersredevelopment.org
Rebuilding Together - Metro Denver (RTMD)	RTMD sponsors and volunteers provide critical home repair and renovation services to qualified eligible veterans, older adults, and people with disabilities. Visit the RTMD website for a description of home repairs available. To qualify for help, must own home, live in it and meet low-income requirements per HUD guidelines.	Rebuilding Together - Metro Denver (RTMD) 2839 W. 44 th Avenue Denver, CO 80211 Phone: 720-524-0840 www.rebuildingdenver.org

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HUMAN SERVICES		
Organization	Description	Contact Information
Arapahoe County Department Human Services	The Community Support Services Division supports residents through financial assistance, including (but not limited to) Temporary Assistance to Needy Families, Food Stamps, Medicaid, Aid to the Needy Disabled, Old Age Pension and the Low-Income Energy Assistance Program.	Arapahoe County Dept. of Human Services Arapahoe Center Pointe Plaza 14980 E Alameda Dr. Aurora, CO 80012 Abuse/Neglect Hotline: 303-636-1750 1-844-CO-4KIDS Phone: 303-636-1130 www.co.arapahoe.co.us/Departments/HS
Douglas County Community of Care Network	Information, access to food, financial, child care, child protective services, medical and mental health programs, support programs for disabled, seniors, and veterans.	Douglas Co. Community of Care Network 100 Third St., Ste. 220 Castle Rock, CO 80104 Phone: 303-660-7460 www.douglas.co.us/community/partners-and-providers/community-of-care/
Douglas County Human Service	Supports residents through financial assistance, including (but not limited to) Temporary Assistance to Needy Families, Food Stamps, Medicaid, Aid to the Needy Disabled, Old Age Pension, the Low-Income Energy Assistance Program, and other information and referrals.	Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 Crisis Hot Line: 303-663-6270 1-844-CO-4KIDS www.douglas.co.us/humanservices

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HUMAN SERVICES continued		
Organization	Description	Contact Information
Elbert County Health & Human Social Services	The Department provides Child and Adult protection, childcare assistance, food assistance and cash assistance payments for low income, elderly and disabled residents who qualify. Currently, Elbert County Social Services has two office locations – Main office in Kiowa and a satellite office in Simla.	Elbert County Health & Human Services 75 Ute Avenue Kiowa, CO 80117 Phone: 303-621-3149, Option 0 State-Wide Hot Line: 1-844-CO-4KIDS Fax: 303-621-0122 www.elbertcounty-co.gov
Government Benefits Program	The official benefits web site of the U.S. government. Informs citizens of benefits they may be eligible for and Provides information on how to apply for assistance	Government Benefits Programs www.usa.gov/benefits GO TO: "Browse by State"
More Life Center	Center offers a safety net for life's tough issues: legal aid, counseling, food bank, health and wellness, senior housing support, employment, addiction and relation recovery, felon friendly support. Food Bank: 2 nd & 4 th Wednesdays, 9:30 AM – 5 PM; 1 st Saturday, 2 PM – 7 PM. Legal Aid Clinic: Fridays; first five clients to sign in when doors open at 12:30 PM. will be seen beginning at 1 PM. Please bring documents pertaining to your individual concern. Call for details.	More Life Center Colorado Community Church 2220 S. Chambers Rd. Aurora, CO 80014 Phone: 720-748-0257 E-mail: info@coloradocommunity.org www.coloradocommunity.org/more

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LEGAL SERVICES		
Organization	Description	Contact Information
Checkerboard	Checkerboard provides “one click” access to FREE legal information. The web site provides a single point of entry with 24/7 “one click” public access for all forms, statutes, rules, instructions, flow charts and videos for each of over 50 different types of Colorado civil cases.	Checkerboard www.checkerboard.co
Colorado Bar Association	Find lawyers by practice, name and region. Outlines legal assistance programs for low income clients such as Colorado Legal Services, Colorado pro bono lawyers, and Metro Volunteer Lawyers.	Colorado Bar Association 1290 Broadway, Ste. 1700 Denver, CO 80203 Phone: 303-860-1115 www.CoBar.org Click on: "For the Public"
Colorado Bar Association	Self Help Centers providing free or low fee legal assistance programs. Domestic issues only, staffed by volunteers	Colorado Bar Association Douglas County Self Help Center 4000 Justice Way, Suite 2456 Castle Rock, CO 80102 Phone: 720-437-6112
Colorado Criminal Defense Bar	Provides list of defense attorneys who are part of the Income Based Sliding Scale Program. When contacting an attorney from the list you must mention the CCBDs Sliding Scale List.	Colorado Criminal Defense Bar 1120 Lincoln St., Ste. 1109 Denver, CO 80203 Phone: 303-758-2454 Fax: 303-623-0714 https://ccdb.org/
Colorado Legal Services	Within their web site you will find self-help legal information for civil legal matters, where to find no or low-cost legal help, court information and other referral information. Colorado Legal Services only assists with civil legal matters. Senior Program provides help with civil legal matters to seniors, age 60+, who meet certain income and asset guidelines. For criminal and traffic matters, see our Referrals for Help with Criminal Matters page. Can assist with complex ID problems.	Colorado Legal Services 1905 Sherman St. Suite 400 Denver, CO 80203 Phone: 303-837-1313 www.ColoradoLegalServices.org

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LEGAL SERVICES continued		
Organization	Description	Contact Information
Denver Bar Association	Volunteer attorneys from the Denver Bar Association present personal bankruptcy clinics for debtors who have filed a case and those thinking of filing a case without the aid of an attorney. Clinics are held Tuesdays, 1:30 PM – 3 PM at the US Bankruptcy Court in Denver. Offers pro se (do-it-yourself) litigant clinics on the subjects of Bankruptcy, Family, Small Claims and Collections. These clinics assist in understanding the legal processes and forms. Helpful "Live Chat" feature can be accessed in the bottom right hand corner of the web page at: www.cob.uscourts.gov	Denver Bar Association 303-860-1115 www.denbar.org/Public/Legal-Clinics US Bankruptcy Court 721 19th St., Room 183 Denver, CO 80202 Clinic Information & Forms www.cob.uscourts.gov/forms
Justice & Mercy Legal Aid Clinic	A non-profit dedicated to serving the abused and impoverished. Free representation, consultation to individuals struggling with: domestic matters, immigration, bankruptcy, general civil matters and landlord tenant issues.	Justice & Mercy Legal Aid Clinic 913 N. Wyandot St. Denver, CO 80204 E-mail: info@milehighmin.org Phone: 303-839-1008 http://jamlac.org
Disability Law Colorado	An advocacy group that investigates complaints of abuse and neglect in the care of seniors and the disabled, and gives referrals for issues facing seniors and the disabled. Call for information.	Disability Law Colorado 455 Sherman St., Ste. 130 Denver, CO 80203 Phone: 303-722-0300 Toll Free: 1-800-288-1376 www.disabilitylawco.org
Metro Volunteer Lawyers	Part of the Denver Office of Colorado Legal Services. You must be interviewed with Colorado Legal Services before you can be helped by Metro Volunteer Lawyers. Volunteer lawyers offer pro bono legal assistance (either free or low cost) to low income individuals who live and work in Denver or surrounding area counties (including Douglas and Elbert counties). They only handle civil legal matters such as bankruptcy and debt collection, public benefits, evictions and foreclosures, wills and estate planning, family law (ex. child support, divorce, or custody), and senior citizen problems. Representative at Douglas County Courthouse Self-Help Center 2 nd & 4 th Friday of the month from 8:30 AM – 12 PM.	Metro Volunteer Lawyers Colorado Legal Services 1290 Broadway, Ste. 1799 Denver, CO 80203 Phone: 303-837-1313 www.denbar.org/mvl#Help

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LEGAL SERVICES continued		
Organization	Description	Contact Information
Office of the Colorado State Public Defenders - Douglas County Regional Office	Provides court appointed criminal defense for low income residents of Douglas & Elbert Counties.	Colorado State Public Defenders Douglas County Regional Office Elk Crossing Business Center 1161 Perry St., Ste. 200 Castle Rock, CO 80104 Phone: 303-688-3081 Fax: 303-688-9682 Email: Douglas@coloradodefenders.us www.coloradodefenders.us/offices/douglas-county
Project Safeguard	Legal advocacy for victims of domestic violence and abuse. Call 303-219-7049 for appointment.	Project Safeguard 1330 Fox Street, Ste. 7A Denver, CO 80204 Legal Advocacy Phone: 720-865-9159 www.psghelps.org Adams County Justice Center Phone: 303-637-7761 Arapahoe County Justice Center Phone: 303-799-3977 Denver City and County Building Phone: 720-865-9159

Parker Task Force Resource Guide

LITERACY / GED / ESL		
Organization	Description	Contact Information
Douglas County Libraries Classes - Literacy and GED Testing	Douglas County Libraries offers Adult Literacy, Citizenship and GED services: One 2 One Adult Tutoring; One on One Computer Tech Tutoring; Practice Your English; Career Online High School program for adults age 19 & up; GED/HiSET/TASC Preparation Classes; Citizenship Classes; English as a Second Language. Call or visit web site for more information.	Douglas County Libraries Phone: 303-791-7323 www.douglascountylibraries.org www.DCL.org/cohs
Elbert County - Pines and Plains Libraries	Provides GED assistance. Call for information about preparation and tutoring.	Elbert County Library Elizabeth Branch 651 Beverly Street Elizabeth, CO 80107 Phone: 303-646-3416 https://pplibraries.org
Catholic Charities English as a Second Language (ESL) Classes	English as a Second Language (ESL) is an outreach mission that provides adults with the opportunity to learn the English language in a classroom setting. Call Catholic Charities for location and registration information. <i>Schedule follows the school district schedule, no classes in summer. Check for availability and schedule at end of August.</i>	Catholic Charities 410 S. Wilcox St. Castle Rock, CO 80104 Phone: 720-215-4521 www.ccharitiescc.org/castle-rock-office
English as a Second Language (ESL) Classes	Free English Language Learners classes for adults. Classes are ongoing and focus on conversational English. Classes September - May every Monday from 7:00 PM – 8:00 PM at Southeast Christian Church. Classes begin September 8th and end early May. Curriculum from Boulder, CO called Intercambio. All languages and all religions are welcome. <i>Schedule follows the school district schedule, no classes in summer. Check for availability and schedule at end of August.</i>	Southeast Christian Church 9650 Jordan Rd Parker, CO 80134 Phone: 303-841-9292 E-mail: info@southeastcc.org www.southeastcc.org

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MEDICAL		
Organization	Description	Contact Information
Alternatives Pregnancy Center	Cares for women and men in pregnancy-related crisis with meaningful alternatives to abortion. Seeks to meet spiritual, emotional and physical needs of its clients. Offers pregnancy options, STD testing and treatment, post-abortion counseling. Call or check website for info.	Alternatives Pregnancy Center 410 S. Wilcox Street, Ste. 103 Castle Rock, CO 80104 Phone: 303-653-9098 24-hr. Helpline: 303-295-2288 www.youhavealternatives.org
Colorado Child Health Plan Plus - (CHP+)	Very low cost, or free health and dental insurance for children (18 and under) and pregnant women, 19 and over, who earn too much to qualify for Medicaid, but cannot afford private health insurance. Web site has detailed information including eligibility, list of providers, fees, co-pays and application info.	Colorado Child Health Plan Plus (CHP+) Phone: 800-359-1991 www.CHPplus.org
Colorado Indigent Care Program (CICP)	CICP provides discounted health care service to low-income people and families who are not eligible for Colorado's Medicaid Program (Health First Colorado), or CHP+. It is <u>not</u> a health insurance program. Discounted health care services are provided by participating Colorado hospitals and clinics. Call or check web site for qualifications.	Colorado Indigent Care Program (CICP) Colorado Dept. of Health Care Policy & Financing Phone: 800-221-3943 State Relay: 711 www.colorado.gov/hcpf/colorado-indigent-care-program
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical , food, financial and early childhood assistance programs. Apply online via eligibility form.	Colorado PEAK https://coloradopeak.secure.force.com
Colorado Women's Wellness Connection	Screening program for qualifying Colorado women offering: breast exams, mammograms, pelvic exams, Pap tests and various cardiovascular tests. Screenings available at more than 120 health care providers throughout Colorado. Eligible women may receive free screenings. Those who are insured, but who cannot afford diagnostic tests may qualify. Call or check website for qualifications and clinic locations.	Colorado Women's Wellness Connection Colorado Department of Public Health & Environment Phone: 866-951-9355 Family Healthline: 303-692-2229 or call 800-688-7777 www.womenswellnessconnection.org

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MEDICAL continued		
Organization	Description	Contact Information
Doctors Care	Provides quality, affordable sick and well-care for children and young adults age 50 and under in the Doctors Care Clinic. Patients may be seen by a physician assistant, nurse practitioner or volunteer physician. The clinic provides needed well and sick-care immunizations, mental health services and age-appropriate developmental screens. A behavioral health counselor is available for counseling appointments. Doctors Care also offers an on-site Dental Hygienist for oral hygiene exams and education, cleanings, x-rays, scaling & root planning, sealants and fluoride treatments. Assistance with Medicaid and subsidized insurance plans through Connect for Health Colorado. One-on-one assistance for insurance options, tax credits for private plans and financial assistance in getting coverage. Check website for further info.	Doctors Care 609 W. Littleton Blvd., Suite 100 Littleton, CO 80120 Phone: 303-730-1313 www.doctorscare.org
Friends of Man	100% charitable organization providing aid to individuals & families in need of assistance with a variety of primarily medical needs: mobility and medical equipment, hearing aids, dentures, glasses, prescriptions and more. Applications MUST be filled out by agency professional on behalf of the applicant. Some examples: social services, hospital, school, senior center, clinic, nurse or church. Applications are carefully reviewed and, if approved, the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
Health First Colorado	Medicaid in Colorado is known as Health First Colorado. It represents Colorado's member-focused approach to health care coverage. Health First Colorado is a public health insurance program for Coloradans qualify by meeting federal and state income guidelines. For individual application assistance go to your county's Dept. of Human Services. Apply for Medicaid in Colorado at: healthfirstcolorado.com	Health First Colorado Enrollment: 888-367-6557 www.healthfirstcolorado.com Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices

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MEDICAL continued		
Organization	Description	Contact Information
Hospital Equipment Lending Project (HELP) - Assistance League of Denver	All volunteer, nonprofit organization that provides hospital equipment for in-home rehabilitation with no charge to patient; equipment to be returned at end of rehab. Must be referred by doctor, hospital, physical or occupational therapist. Open TWTh, 9 AM – 1 PM.	Hospital Equipment Lending Project (HELP) - Assistance League of Denver 6265 East Evans, Suite #7 Denver, CO 80222 Phone: 303-322-1688 www.assistanceleague.org/denver/hospital-equipment-lending-equipment-project-help/
InnerCity Health Center	Inner City Health Center is a private, non-profit, Christ-centered, volunteer-based health care facility dedicated to providing quality low-cost services. A volunteer health team provides all services at the clinic. Services range from dental care, family practice and specialty care. Open MWTh, 8 AM – 5 PM; T, 9 AM – 5 PM; F, 8 AM – 4 PM.	Primary Clinic 3800 York St, Denver, CO 80205 Phone: 303-296-1767 https://innercityhealth.org
Medicaid (Health First Colorado)	A health care program for low-income and special needs Colorado residents who meet federal and state income guidelines. Each state regulates and administers its own Medicaid program. To find out if you qualify, apply online at Colorado.gov/PEAK	Medicaid (Health First Colorado) Toll Free: 800-221-3943 State Relay: 711 www.healthfirstcolorado.com Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices

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MEDICAL continued		
Organization	Description	Contact Information
Medicaid and CHP+ (Presumptive Eligibility)	Presumptive Eligibility (PE) provides children under 19 and pregnant women temporary Health First Colorado (Colorado’s Medicaid Program) or Child Health Plan Plus (CHP+) immediate medical coverage. This temporary coverage lasts at least 45 days during the processing of the requested Medical Assistance application. One MUST apply at an approved site or send an application there for qualification. In DOUGLAS County the location is Tri-County Health Department. Check websites or call for details and information.	<p>Presumptive Eligibility: Medicaid and CHP+ Tri-County Health Department Douglas County, Colorado Phone: 303-363-3013 Toll-Free Phone: 1-800-221-3943 State Relay: 711 www.tchd.org</p> <p>Presumptive Eligibility Phone: 1-800-221-3943 State Relay: 711 www.colorado.gov/pacific/hcpf/presumptive-eligibility</p>
Multiple Sclerosis (MS) Self Help “Parker Pals”	A support group for individuals, significant others, caregivers and friends. Safe, confidential environment; peer led, self-help group for support, education and mutual aid. Occasional community speakers for local education opportunities. Registration not required. Meetings 2 nd Friday of each month from 11:30 AM – 1:30 PM at Arapahoe Community College, 15653 Brookstone Dr., Parker CO.	<p>MS Self Help Group "Parker Pals" Phone: 720-842-0401 (Kathie) www.nationalmssociety.org/Chapters/CO/Groups-and-Discussions/Programs/Parker-Pals-Self-Help-Group</p>
National Alliance on Mental Illness - NAMI	An educational and advocacy alliance for those with mental illnesses and their families. Call for more specifics and information on free classes and support groups for people with mental illnesses, for their family members, and for the friends and caregivers of someone with a mental illness.	<p>NAMI Colorado Phone: 1-800-273-8255 Help & Law Line: 303-321-3104 www.namicolorado.org Colorado Crisis Services: 24/7/365: 1-844-493-TALK (8255)</p> <p>NAMI Arapahoe/Douglas Phone: 303-991-7688 www.namiadco.org</p>

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MEDICAL continued		
Organization	Description	Contact Information
Nurse Advice Line Colorado Department of Health Care Policy & Financing	Provides Health First Colorado members (Colorado's Medicaid Program) around-the-clock access to medical information and advice in both English and Spanish. Nurses answer medical questions, provide care advice and help determine if clients should see a doctor right away. FREE 24/7 service.	Nurse Advice Line Colorado Department of Health Care Policy & Financing Phone: 800-282-3221 www.colorado.gov/hcpf/colorado-medicaid-nurse-advice-line
Patient Services, Inc. (PSI)	A non-profit organization for premium and co-payment assistance providing a "safety net" for patients with chronic illnesses who are struggling to keep up with medical insurance premiums and copayments. Call for info: Monday, Tuesday, Thursday & Friday 8:30 AM – 5 PM EST; Wednesday 9:30 AM – 5 PM EST. Check web site for info.	Patient Services, Inc. P.O. Box 5930 Midlothian, VA 23112 Phone: 800-366-7741 Fax: 1-804-744-9388 www.patientservicesinc.org
Planned Parenthood	Services include general health care for women, men and teens. Includes family planning services (pregnancy testing, contraceptives), abortion referral, STD testing and treatment and HIV testing. Call for hours and check website for info. Accepts many insurance plans. Affordable options if no insurance coverage.	Planned Parenthood Littleton 131 W. County Line Road Littleton, CO 80129 Phone: 303-798-0963 Toll-Free Phone: 1-800-230-7526 www.pprm.org (Search location by city or zip code)
Ray of Hope Cancer Foundation	Denver nonprofit dedicated to alleviating the financial burden faced by Colorado cancer patients. Provides grants to patients struggling to meet their basic needs while undergoing cancer treatments and lessen the financial stresses imposed by extensive time off work and mounting medical bills.	Ray of Hope Cancer Foundation 1385 S. Colorado Blvd., Ste. 714 Denver, CO 80222 Phone: 720-238-5401 www.rayofhopecolorado.org
Shield Healthcare	Select from thousands of brand-name products for incontinence, ostomy, urological, enteral nutrition and more. Direct billing to Medicare, Medicaid and private insurance. Online orders 24 hrs./day, free shipping with most insurance plans.	Shield Healthcare Phone: 1-800-765-8775 www.shieldhealthcare.com

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MEDICAL continued		
Organization	Description	Contact Information
South Metro Medical Equipment Loan Closet	Provides used durable medical equipment to adults (age 18 and over) in the south metro area of Denver. Donation to the organization requested. Check website for details and loan request form. Open M-F, 8 AM – 5 PM.	South Metro Medical Equipment Loan Closet Phone: 720-443-2013 www.medicalequipmentloan.org
STRIDE Community Health Center	STRIDE (formerly known as Metro Community Provider Network or MCPN) addresses the need for affordable and accessible medical, behavioral health and dental care among low-income, uninsured and underserved populations residing outside the city and county of Denver. STRIDE's current service area includes the cities of Aurora, Arvada, Englewood, Lakewood, Parker and Wheat Ridge. There are 18 health center locations providing primary medical care, dental care, behavioral health and wrap around services, including two School Based Health Centers (SBHCs) and a mobile dental van. Open M-F, 7:30 AM – 4 PM.	STRIDE Community Health Center Phone: 303-360-6276 www.stridechc.org Parker Location: Pine Tree Health Center 17866 Cottonwood Dr. Parker, CO 80134 Ph: 303-360-6276

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MEDICAL / DENTAL		
Organization	Description	Contact Information
Allegro Orthodontics Dental Clinic	Accepts Medicaid.	Allegro Orthodontics Dental Clinic 10450 S Progress Way, Unit 100 Parker, CO 80134 Phone: 720-842-4544 www.allegroorthodontics.com
Canyon Ridge Pediatric Dentistry	Accepts Medicaid.	Canyon Ridge Pediatric Dentistry 19551 Hess Road, #110 Parker, CO 80134 Phone: 303-841-7900 www.canyonridgepediatricdentistry.com
Colorado Dental Association	Referral site for low-income clients searching for low cost dental care. Clients should contact referral directly to complete necessary forms, join wait lists and follow-up for appointments.	Colorado Dental Association Phone: 303-740-6900 www.cdaonline.org
Comfort Dental Care Day	Annual Dental Day held on a December Saturday, 7:30 AM - 12 PM. Offers free dental care on a first come, first served basis. Patients get one free simple procedure that can be done in one hour (ex. one filling, a cleaning or simple extraction). ALL Comfort Dental offices participate; call for more information.	Comfort Dental Care Day 12870 Stroh Ranch Ct. Parker, CO 80134 Phone: 303-840-6543 www.cdcparker.com
Cornerstone Dental and Orthodontics	Accepts Medicaid for dental and orthodontic care.	Cornerstone Dental and Orthodontics 17002 Mainstreet, Unit H Parker, CO 80134 Phone: 720-842-1900 www.cdoparker.com
Dental Hygiene Clinic	Non-profit facility at Community College of Denver. Provides preventive and therapeutic dental services to adults and children (ages four and older). Call for information and scheduling or request an appointment online.	Dental Hygiene Clinic Community College of Denver 1062 Akron Way, Bldg. 753 Denver, CO 80230 Phone: 303-365-8338 www.ccd.edu/about-ccd/community-services/community-clinics/becoming-dental-patient-appointment-request-form

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MEDICAL / DENTAL continued		
Organization	Description	Contact Information
Dental Lifeline Network (Donated Dental Services)	A National nonprofit organization that provides dental care and education for people who cannot afford it and have a permanent disability, who are elderly (age 65 or older), or who are medically fragile. Provided by volunteer dentists and volunteer labs. Detailed information online, including application (may also call toll-free number to request application).	Dental Life Network Donated Dental Services Phone: 303-534-3931 Outside Denver Phone: 303-534-3863 Toll Free Phone: 888-235-5826 https://dentallifeline.org/colorado
Dentists who accept Medicaid	Information on dentists who accept Medicaid are available by calling or going online. Call the dentist for specifics, and to confirm he/she is accepting new patients or visit web site and click on "Find Doctors"	Colorado Dept. of Health Care Policy & Financing Medicaid Customer Service Toll Free: 800-221-3943 www.Colorado.gov/hcpf
Friends of Man	100% charitable organization providing aid to individuals & families in need of assistance with a variety of primarily medical needs: mobility and medical equipment, hearing aids, dentures, glasses, prescriptions and more. Applications MUST be filled out by agency professional on behalf of the applicant. Some examples: social services, hospital, school, senior center, clinic, nurse or church. Applications are carefully reviewed and, if approved, the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
InnerCity Health Center	Inner City Health Center is a private, non-profit, Christ-centered, volunteer-based health care facility dedicated to providing quality low-cost services. A volunteer health team provides all services at the clinic. Services range from dental care, family practice and specialty care. Open MWTh, 8 AM – 5 PM; T, 9 AM – 5 PM; F, 8 AM – 4 PM.	Primary Clinic 3800 York St, Denver, CO 80205 Phone: 303-296-1767 https://innercityhealth.org
Little Rockies Pediatric Dentistry	Pediatric dental practice conceived and dedicated to serving infants, children, teens and those with special needs.	Little Rockies Pediatric Dentistry 10371 Parkglenn Way, Suite 260 Parker, CO 80138 Phone: 720-638-6114 www.littlerockiespediatricdentistry.com

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MEDICAL / DENTAL continued		
Organization	Description	Contact Information
National Association of Counties	NaCo members enjoy immediate access to dental providers with no waiting periods or forms to fill out. Save 15% to 50% on most dental procedures from a network of general dentists and specialists.	National Association of Counties Phone: 1-877-573-2395 www.nacohealth.org
Orthodontic-Smilemaker	Accepts Medicaid.	OrthodonticSmilemaker 10522 South Parker Road Parker, CO 80134 Phone: 303-841-2100 www.orthodonticsmilemaker.com
Smile for a Lifetime Program	A non-profit organization that provides orthodontic care for those unable to acquire assistance. Serves children between ages 11 and 18 (one qualifier is if the patient already receives free school lunches/family poverty level of less than 185%), significant need for braces, currently a student (including leadership and involvement in extracurricular activities), commitment to follow treatment plan, involved in community service as part of a Service Plan to “pay it forward.” Must be resident of a local chapter’s service area (Parker Area is the Lone Tree location). Check web site for application process.	Smile for a Lifetime Lone Tree Location: 10450 Park Meadows Dr., #300 Lone Tree, CO 80124 Phone: 303-779-0565 https://total-orthodontics.com/smile-for-lifetime-greater-denver-total-orthodontics/

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MEDICAL / HEARING		
Organization	Description	Contact Information
Advanced Audiology (HearUSA)	Skilled and friendly hearing care professionals diagnose hearing loss and explain treatment options. Parker Task Force sponsored and referred clients may be eligible for free, reconditioned hearing aids. Call for information.	Advanced Audiology (HearUSA) 7354 S. Alton Way, Ste. 2001 Centennial, CO 80112 Phone: 720-616-6948 www.hearusa.com
Hearing Associates (formerly Colorado Hearing Specialists, Inc.)	Reduced costs for: screenings, finding new and used hearing aids, evaluating donated hearing aids, communication skills counseling, tinnitus and dizziness treatment. Participant in the "Starkey Foundation/Hear Now Initiative."	Hearing Associates 9397 Crown Crest Blvd., Suite 307 Parker, CO 80138 Phone: 720-842-1890 www.myhearingassociates.com
"Hear Now" Program of the Starkey Hearing Foundation	Hear Now assists those with hearing loss and no resources to acquire hearing aids. Starkey Hearing Foundation provides the hearing aids and runs the program. See web site for application or call for information.	Hear Now Program Phone: 800-328-8602 www.starkeyhearingfoundation.org/ Hear-Now
H.E.A.R. Project	Can help with financial assistance for residents under 18 who do not qualify for Medicaid or insurance. Does not cover costs for hearing aids, earmolds repairs, testing and FM assistive listening systems. Supplies for cochlear implants are covered. Contact for applications or see web site. Maximum award is \$1,200; \$600 per hearing aid. Use short application if \$200 or less is needed.	H.E.A.R. Project www.hearproject.org
Friends of Man	Providing aid to those needing assistance with a variety of medical needs: mobility and medical equipment, hearing aids, dentures, glasses, prescriptions, etc. Applications MUST be filled out by agency professional on behalf of the applicant (ie., social services, hospital, school, senior center, clinic, nurse or church). If approved the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
Medicaid (Health First Colorado)	Audiology services to include hearing aids and cochlear implants for ages 20 and under. Information on web site; click on "Benefits."	Medicaid (Health First Colorado) Customer Service: 303-866-2993 Toll Free Phone: 800-221-3942 State Relay: 711 www.healthfirstcolorado.com

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MEDICAL / PRESCRIPTIONS		
Organization	Description	Contact Information
<p>Patient Assist Programs - PAPs (Patient Assistance Programs) are run by pharmaceutical companies, doctors, other health care providers, etc., to provide free, nearly free, or discounted medications to people who cannot afford to pay for their prescriptions. Take time to explore as many programs as possible so you can find the one(s) that best suit your needs, as the qualifying criteria, medications, and services vary greatly. Most programs are for low income, uninsured or underinsured, but some have exceptions. When inquiring, know the name (brand and generic, if exists) of all your medications. Have your income details and your insurance prescription coverage information ready. The following are sources of information about many different PAPs.</p>		
<p>Douglas County CO Prescription Drug Discount Card</p>	<p>This program is provided to you in a joint effort of your local county government and NaCo, at a retail participating pharmacy and save an average of 24% on your prescription drugs. Can be used for prescriptions not covered by insurance. No enrollment form, No membership fee. To print your free discount Rx card or for more information visit the National Association of Counties website and enter zip code. Email address required.</p>	<p>To Print Your Rx Card: National Association of Counties Phone: 1-877-321-2651 www.nacorx.org www.coloradodrugcard.com</p>
<p>Friends of Man</p>	<p>100% charitable organization providing aid to individuals & families in need of assistance with a variety of primarily medical needs: mobility and medical equipment, hearing aids, dentures, glasses, prescriptions and more. Applications MUST be filled out by agency professional on behalf of the applicant. Some examples: social services, hospital, school, senior center, clinic, nurse or church. Applications are carefully reviewed and, if approved, the vendor is paid for the needed items or service.</p>	<p>Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org</p>
<p>MAKOA</p>	<p>Lists many discount drug card programs, many PAPs, and other sources of help with prescription costs.</p>	<p>MAKOA www.makoa.org.freemedicine.htm</p>
<p>Needy Meds</p>	<p>Works like a “yellow pages” of PAPs – look up a specific medication and instantly get information on different programs offering assistance in obtaining that medication. Also offers information on many other health care programs (government and private).</p>	<p>Needy Meds Phone: 800-503-6897 www.needymeds.org</p>
<p>Partnership for Prescription Assistance</p>	<p>Free service that offers uninsured and under-insured patients access to programs for prescription medicines for free or nearly free. Programs offer access to more than 2,500 medicines, including a wide range of generics. Confidential and easy to use.</p>	<p>Partnership for Prescription Assistance Phone: 888-331-1002 www.pparx.org</p>

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MEDICAL / PRESCRIPTIONS continued		
Organization	Description	Contact Information
<p>Drug store and grocery store pharmacies offer generic (and some brand name) medications at reduced rates. Prices really vary by pharmacy and type of drug - comparison shop for each medication at each store. Some may have an annual membership fee and others do not. Even if you have insurance coverage or a high co-pay it's suggested you price comparison shop for prescription medication.</p>		
Rx Assist	<p>A current and comprehensive directory of Patient Assistance Programs (PAPs) run by pharmaceutical companies providing free medications to people who cannot afford to buy their medicine. Large online database to research medications by brand name, generic name and/or the pharmaceutical company's name and other information on medical savings programs.</p>	<p>Rx Assist www.rxassist.org</p>
Rx Outreach	<p>Fully licensed non-profit mail order pharmacy, usually shipping medications 90-180 days at a time. No enrollment, membership or standard shipping fees. Available to qualifying individuals or families. Patients can be on Medicare, Medicaid or other health insurance. Complete simple enrollment online, by phone or paper application.</p>	<p>Rx Outreach Phone: 1-888-796-1234 www.RxOutreach.org</p>
<p><i>Many pharmaceutical companies can be contacted directly for their programs.</i></p>		

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MEDICAL / TRANSPORTATION		
Organization	Description	Contact Information
Health First Colorado (Medicaid) Colorado NEMT (Non-Emergency Medical Transportation)	Provides non-emergency transportation to doctor appointments for Health First Colorado (Medicaid) patients. Schedule at least 48 hrs. in advance for transportation within 25 miles of pickup location. Check website for info.	Colorado NEMT (Non-Emergency Medical Transportation) Phone: 855-264-6368 www.medicaidco.com <i>(click on Schedule a Ride)</i>

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MEDICAL / VISION		
Organization	Description	Contact Information
Colorado Lions KidSight Program	This Program provides free vision screening and follow-up for children 6 months through 6 years old. The program also provides information and education to parents about the importance of good vision for children.	Colorado Lions KidSight Program 8200 S. Quebec St. #A3-704 Centennial, CO 80112 Phone: 720-325-7078 E-mail: holly@kidsightcolorado.org www.kidsightcolorado.org
EyeCare America	Program provides eye exams through volunteer ophthalmologists. Senior program connects eligible seniors, 65 and older, to no cost medical eye exams and one-year follow-ups for diagnosed conditions. Glaucoma program provides eye exam at no cost to those eligible and uninsured. See website or call for further details.	EyeCare America Phone: 877-887-6327 www.aao.org/eyecare-america
Friends of Man	100% charitable organization providing aid to individuals & families in need of assistance with a variety of primarily medical needs: mobility and medical equipment, hearing aids, dentures, glasses, prescriptions and more. Applications MUST be filled out by agency professional on behalf of the applicant. Some examples: social services, hospital, school, senior center, clinic, nurse or church. Applications are carefully reviewed and, if approved, the vendor is paid for the needed items or service.	Friends of Man P.O. Box 937 Littleton, CO 80160 Phone: 303-798-2342 www.friendsofman.org
InfantSEE	Offers free one-time comprehensive eye assessment for infants 6-12 months old to detect potential eye or vision problems. See web site for details.	InfantSEE Phone: 888-396-3937 www.infantsee.org

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MEDICAL / VISION continued		
Organization	Description	Contact Information
Look Optical	Accepts Medicaid.	Look Optical 3130 S. Parker Rd. Aurora, CO 80014 Phone: 303-752-2662 www.lookoptical.com
New Eyes	A non-profit organization to improve the vision and provide glasses for those in need. All age groups. Voucher applications are only on the web site and must be submitted by social workers, school nurses or optical dispensers who pre-screen for financial need.	New Eyes Phone: 973-376-4903 www.new-eyes.org
Pearle Vision Parker	Accepts Medicaid.	Pearle Vision Parker Parker Valley Center 11211 S. Dransfeldt Rd., #125 Parker, CO 80134 Phone: 303-840-2118 www.pearlevisionparker.com
Sight for Students	A Vision Service Plan (VSP) gift certificate provides quality eye care and glasses to persons 19 years and younger who are low income and uninsured (including coverage through a government program). Operates through a national network of community partners who identify children in need and refer to network VSP eye doctors.	Sight for Students Phone: 888-867-8867 www.sightforstudents.org

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PC HELP		
Organization	Description	Contact Information
Denver Tech for All	Refurbishes used laptop and desktop computers and provides them to those who do not own a computer. Denver Tech for All also provides free service or replacements if there is a problem with the refurbished computers after they have been placed with a deserving family. To request a refurbished computer, please visit the web site or call the Denver office. Hours: Fridays 9 AM – 3 PM & Saturdays 8 AM – 12 PM.	Denver Tech for All 1709 South Acoma St. Denver, CO 80223 Phone: 303-989-2832 www.DenverTechforAll.org
Internet Essentials from Comcast	Internet Essentials from Comcast brings affordable Internet into the homes of eligible low-income families. This program provides Internet connection and in-home WIFI (for \$9.95/mo. + tax) to clients eligible for their Family Program (National School Lunch Program recipients), Community College Students Program (Pell Grant recipients) and Housing Assistance Program (HUD eligible clients). Approved Internet Essentials customers may also purchase a desktop or laptop computer for \$149.99 + tax. To apply visit web site or call for assistance.	Internet Essentials from Comcast Phone: 1-855-846-8376 Email: Internet_Essentials@comcast.com www.internetessentials.com
More Life Center - Computer Repair	Having problems with your PC and don't know how to fix it? Bring your PC to the More Life Center in Aurora the 3 rd Saturday of each month from 9 AM – 1 PM for FREE troubleshooting, repair and computer advice.	More Life Center Colorado Community Church 2220 S. Chambers Road Aurora, CO 80014 Phone: 720-748-0257 (call to confirm) Email: Info@MoreLifeCenter.org www.coloradocommunity.org

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PETS		
Organization	Description	Contact Information
The Bailey Project - Gateway Shelter for Battered Women & Children	The Bailey Project helps women with children to leave abusive homes and receive emergency shelter, counseling and residential care while still enjoying the love and comfort of the family's pets. Serves Aurora and Arapahoe counties.	The Bailey Project - Gateway Shelter for Battered Women & Children Crisis Line: 303-343-1851 Admin Phone: 303-343-1856 www.GatewayShelter.org
Colorado Horsecare Foodbank	A 501c3 non-profit hay bank. Colorado Horsecare foodbank provides grants of emergency hay and grain, veterinary care, and horse-shoeing for Colorado horse owners facing financial hardship from job loss, divorce, catastrophic medical expenses, or natural disasters.	Colorado Horsecare Foodbank 5178 South Elk Ridge Road Evergreen, CO 80439 Phone: 303-670-1474 www.horsefoodbank.org
Dumb Friends League - Buddy Center	Buddy Center Shelter for homeless pets offers adoptions, pet intake, lost-and-found services, behavior programs and humane education classes for the public.	Dumb Friends League - Buddy Center 4556 Castleton Court Castle Rock, CO 80109 Phone: 303-751-5772 www.ddfl.org/buddy-center
Harley's Hope Foundation	Comprehensive listing of pet-related resources in Colorado, including those who provide services for low or fixed-income clients.	Harley's Hope Foundation Phone: 719-495-6083 Email: info@harleys-hopefoundation.org www.harleys-hopefoundation.org
PetAid Colorado	This highly accredited non-profit organization provides high quality veterinary care for pets of those on low or fixed incomes. Includes pet care for the homebound. Qualifying requirements for services on website. Animal Hospital Hours: M-F, 7 AM – 6 PM (Closed weekends and most major holidays)	PetAid Colorado 191 Yuma St Denver, CO 80223 Phone: 303-722-580 Toll Free: 1-866-454-5635 www.petaidcolorado.org

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SENIORS		
Organization	Description	Contact Information
AARP	The AARP web site provides online information, services and tools to help people 50+ offering information on a broad range of topics, including information that can assist seniors in finding employment, answers to financial planning questions, guidance on health and wellness, tips for coping with difficult life transition, online courses.	AARP Toll Free: 888-687-2277 www.aarp.org
Ageing Resources of Douglas County	Dedicated to providing services, resources, and information that allow older people to stay independent and in their own homes as long as safely possible. Transportation, grocery shopping, companionship, handyman/chores, call center services allow 60+ seniors and adults with disabilities to stay in their homes for as long as possible. Open M-F, 8 AM – 4:30 PM \$25 membership fee for lifetime services (need-based scholarship available).	Ageing Resources of Douglas County 104 Fourth Street Castle Rock, CO 80104 Phone: 303-814-4300 E-mail: ardc@douglas.co.us www.ageingresourcesdougco.org
Alzheimer's Association - Colorado Chapter	Colorado's primary source for information and support for people living with Alzheimer's, their families and caregivers. Services include: free 24-hour helpline, access to trained counselors, educational programs and research.	Alzheimer's Association - Colorado Chapter 455 Sherman St., #500 Denver, CO 80203 Phone: 303-813-1669 24/7 Helpline: 1-800-272-3900 www.alz.org/co
Generations@Work Program	The Generations@Work Resource Center is a full-service center customized for the mature (50+) job seeker offering exclusive workshops, help finding full or part-time jobs and individual job search help. Visit web site for specifics.	Arapahoe/Douglas Works! 6974 S. Lima St. Centennial, CO 80012 Phone: 303-636-1160 Hours: 7:30 - 4:30 M-F www.adworks.org

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SENIORS continued		
Organization	Description	Contact Information
Benefits Check Up	A web site providing seniors with information on various services and benefits available based on one's own circumstances. Benefits can be financial (prescriptions, utilities, health care, or tax cuts), help with meals and medical needs in one's home, help with transportation, etc. The site also lists, by location, a variety of senior housing options (nursing homes, home health care, retirement communities, etc.)	Benefits Check Up www.BenefitsCheckUp.org Health Passport Links Phone: 303-629-4996 Toll Free: 866-550-2752
Castle Rock Senior Center	Offers various programs, including transportation to all seniors over 50. Meals on Wheels: Frozen meal delivery (a Volunteers of America program) for residents of Douglas County who are under 60 and no longer driving. No income restrictions but a voluntary contribution of \$2.50/meal is suggested. Once a week, five low-fat, low-sodium frozen meals are delivered (e.g., deliveries to Parker on Tuesdays). To apply, call the Castle Rock Senior Center and ask for Juli.	Castle Rock Senior Center 2323 N. Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 www.CastleRockSeniorCenter.org Meals on Wheels www.castlerockseniorcenter.org/special-services
Colorado Legal Services	A non-profit organization helping seniors, age 60 and over, with civil legal matters. Must meet certain income and asset limits.	Colorado Legal Services 1905 Sherman St., Suite 400 Denver, CO Phone: 303-837-1313 www.coloradolegalservices.org
Colorado PEAK	The fast and easy way to access benefit information - anytime and anywhere. PEAK is an online service for Coloradans to screen and apply for medical, food, cash, and child care assistance programs. Seniors may qualify for free help paying Medicare premiums. Apply online: via eligibility form.	Colorado PEAK https://coloradopeak.secure.force.com
Colorado Property Tax/Rent/Heat Rebate Program – PTC Rebate	You might qualify for a partial rebate on property tax, rent, or heat if you have been a Colorado resident for the entire year, are age 65 or older, a surviving spouse at least 58, or disabled, and meet income requirements.	PTC Rebate - CO Department of Revenue Phone: 303-238-7378 or Phone: 303-238-3278 www.taxcolorado.com

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SENIORS continued		
Organization	Description	Contact Information
Denver Regional Council of Governments - DRCOG - Area Agency on Aging	Resource specialists offer information on community services for those 60 and over and can give hands-on assistance to anyone who cannot access resources on their own. DRCOG published directories of senior resources available throughout metro Denver that can be read online or mailed to you.	DRCOG Area Agency on Aging Phone: 303-480-6700 Toll Free: 866-950-3017 www.drcog.org www.drcog.networkofcare.org
Douglas County First Call	Information, assistance and referral phone line refers seniors and others to services and agencies across the county based on the caller's needs. Ride Together Program: Call First Call @ 303-660-7519 weekdays between 9 AM – 4:30 PM to obtain either free rides or a \$10 discount coupon code, depending on income. Limited to 24 rides over a 6-month period. First ride must be scheduled 24 hrs. in advance.	First Call Program 100 Third Street Castle Rock, CO 80104 Phone: 303-660-7519 www.douglas.co.us/community/transportation/first-call-program/
Douglas County Senior Adult Services	A program through Douglas County Human Services helping seniors find help.	Douglas County Senior Adult Services Phone: 303-814-4374
Evercare - United Health	Local agents can come to your home to fully explain this plan - no obligation. #0 premium health care plan, offering added benefits to low income people who have both total Medicaid & Medicare Part A and B coverage, live within Metro-Denver area, and do not have end stage renal disease. There is no premium for prescription drug coverage.	Evercare Phone: 800-905-8671 www.uhcommunityplan.com
Extra-Help from Medicare	"Extra Help" or the "low-income subsidy" (LIS) helps seniors pay for prescription drug premiums and costs. Yearly income and resources must be below certain limits. Details are in the Medicare & You Handbook, Section 8.	Extra-Help from Medicare Phone: 1-800-633-4227 Social Security Office: Phone: 1-800-772-1213 or 1-800-325-0778 CO State Medicare Office Phone: 303-783-2002 www.colorado.gov/hcpf/our-members

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SENIORS continued		
Organization	Description	Contact Information
Health Insurance Counseling for Seniors	Counselors do not sell any specific insurance program but help you understand the different type of programs & determine which ones meet your needs. They navigate Medicare and Medicaid benefits, HMOs, supplemental insurance and Medigap plans, long-term care insurance plans & insurance appeals.	Health Insurance Counseling - Centura Health Toll Free: 800-544-9181
Health Passport Links	Trained and knowledgeable volunteers give free, confidential, one-on-one help navigating the many public and private health and benefit programs that are available to seniors. Helps seniors (ages 50+ and their relatives or caregivers living anywhere in Colorado) to find and apply for assistance programs that can save money. This phone-based program is especially helpful to anyone not equipped to sort through all the agencies and information available online. Can also greatly reduce the processing time and receipt of benefits.	Health Passport Links Phone: 303-629-4921 www.MyHealthPassport.org
Hospital Equipment Lending Project (HELP) - Assistance League of Denver	Provides hospital equipment for in-home rehabilitation with no charge to patient; equipment to be returned at end of rehab. Must be referred by doctor, hospital, physical or occupational therapist. Tuesdays, Wednesdays & Thursdays, 9 AM – 1 PM.	Hospital Equipment Lending Project (HELP) - Assistance League of Denver 6265 East Evans, Suite #8 Denver, CO 80222 Phone: 303-322-1688 www.assistanceleague.org/denver/hospital-equipment-lending-equipment-project-help/
Littleton Life Center – Senior Connections	Activities alternate each week, including recreation, education, faith and community service, followed by a free lunch each week. Thursdays, 9:30 AM – 12 noon. All are invited; no residency restrictions.	Littleton Life Center – Senior Connections Littleton Life Center 5804 S. Datura St. Littleton, CO 80120 Phone: 303-953-7180 www.lifecenterlittleton.org

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SENIORS continued		
Organization	Description	Contact Information
Meals on Wheels - Castle Rock Senior Center	For residents age 60+ and unable to drive. A \$2.50 donation is requested if the recipient's income allows such. No one is ever turned away. Call for more information.	Meals on Wheels - Castle Rock Senior Center 2323 Woodlands Blvd. Castle Rock, CO 80104 Phone: 303-688-9498 Parker Ph: 303-294-0111
Medicare	A resource for seniors.	Medicare 24 hr. Helpline: 800-633-4227 www.Medicare.gov
Medicare Part D Assistance - Including Prescription Drug Costs	One-on-one help to make informed decisions about Part D. Help is also available to everyone with Medicare, regardless of income. Call or visit the website for assistance at: www.socialsecurity.gov/medicare >benefits	Social Security Administration Phone: 888-696-7213 www.dora.colorado.gov/insurance/ship Phone: 800-772-1213
More Life Center	The More Life Center is a community outreach ministry of Colorado Community Church. Ten free services are available for seniors: legal aid, food, health and wellness, employment search, housing support, addiction & relationship recovery, computer repair, and spiritual counseling.	More Life Center Colorado Community Church 2220 S. Chambers Road Aurora, CO 80014 Phone: 720-748-0257, must call www.coloradocommunity.org/more
Neighbor Network <i>A Service of Aging Resources of Douglas County</i>	Screened and trained volunteer driver program offering rides throughout Douglas County. Volunteers use personal vehicles to drive clients to medical appointments, local errands and social outings. Call to request transportation at least five working days prior to needed ride; \$25 membership fee for lifetime services (need-based scholarship available).	Neighbor Network 104 Fourth Street Castle Rock, CO 80104 Phone: 303-841-4300 www.dcneighbornetwork.org

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SENIORS continued		
Organization	Description	Contact Information
Old Age Pension - Colorado State Gov't	OAP provides financial assistance & may provide health care benefits to low-income adults age 60 or older. This is not a social security program – totally state funded. To qualify, one must have very limited income & few other resources. Call for details & information.	Old Age Pension Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-688-4825 www.douglas.co.us/humanservices
Parker Senior Center	Offers many activities for seniors, including and a home cooked lunch, served Monday thru Friday at noon, for \$4.00. See Neighbor Network listing above for senior transportation assistance.	Parker Senior Center 10675 Longs Way Parker, CO 80138 Phone: 303-841-5370 www.parkerseniorcenter.org
Rebuilding Together Metro Denver	A local non-profit organization that offers free home repairs, basic weatherization, and home rehabilitation services to low income homeowners, in the Denver Metro area, who are seniors, disabled, or caring for a disabled family member. Programs include assistance with major home repairs that are done on a set day every April and October, routine home repairs which are offered year-round, and a year-round emergency program.	Rebuilding Together 2422 S Trenton Way Unit A Denver, CO 80231 Phone: 720-524-0840 www.RebuildingTogether.org
Reverse Mortgages - Home Equity Conversion Mortgages - HECM	Offers counseling on reverse mortgage, or Home Equity Conversion Mortgage (HECM), is a loan that enables homeowners over the age of 62 to use their home's equity without selling their home or moving from it. There are no minimum income or credit requirements, but there are other requirements and homeowners should make sure that they qualify for the loan before they invest significant time or money into the process.	Douglas County Housing Partnership 9350 Heritage Hills Circle Lone Tree, CO 80124 Phone: 303-784-7857 www.DouglasCountyHousingProject.org
Senior Hub	Offers Adult Day Services, Meals on Wheels, Home Care Services, RSVP and Senior Solutions.	The Senior Hub 12101 E. 2nd Ave., Ste. 106 Aurora, CO 80011 Aurora Office: 720-859-2248 www.seniorhub.org

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SENIORS continued		
Organization	Description	Contact Information
Senior Outreach Services - Douglas County's First Call Program	The Senior Services, Advisory Council primarily provides information, referral services (Outreach) and the Neighbor Network Program. The Senior Outreach Services Guide list many helpful resources. The guide is available online or can be requested by phone.	Senior Outreach Service Douglas County Human Services 4400 Castleton Court Castle Rock, CO 80109 Phone: 303-660-7519 www.douglas.co.us/humanservices
Senior Reach	Senior Reach is an intervention program helping older adults (ages 60+) who are experiencing problematic mental and emotional states, poor health, social isolation, substance abuse, physical abuse, or neglect.	Senior Reach Phone: 303-723-4289 www.seniorreach-ad.org See Also: AllHealth Network - Parker Location 10350 Dransfeldt Rd. Parker, CO 80134 www.admhn.org Walk-In Hours: T & W, 8 AM – 2 PM
Seniors Resource Guide	An online resource for seniors & caregivers consisting of regional & national information for seniors covering 76 topics in six categories: Senior Housing, Health at Home, Professional Services, Health Services, Care Management & Referral Services and Community Resources. Each local directory also has its own local resources such as local Senior News & Events, local city links and an about the region web page.	Seniors Resource Guide www.SeniorsResourceGuide.com
Silvernest	Provides a home share matching service for senior homeowners in search of qualified, prospective housemates. Also offers senior renters the opportunity to find well-matched senior homeowners looking for home share applicants. Charges a \$25 monthly subscription fee until a roommate is found.	Silvernest Phone: 866-757-NEST (6378) www.silvernest.com
Social Security - Disability Benefits	This program pays benefits to people with disabilities. Call or go online for requirements, instructions and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability www.socialsecurity.gov/disability

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SENIORS continued		
Organization	Description	Contact Information
South Metro Medical Equipment Loan Closet	Provides used durable medical equipment for a donation to the organization to persons age 18 and older. Equipment available may include: wheelchairs, crutches, walkers, canes, hospital beds, knee cruisers, extended grabbers, toilet seat risers & stabilizers, shower chairs, chairs to move into/out of a bathtub, and other items. Please use the form on website to contact, or email to request equipment.	South Metro Medical Equipment Loan Closet 6825 S. Dallas Ct. Greenwood Village, CO 80112 Phone: 720-443-2013 Email: info@medicalequipmentloan.org https://medicalequipmentloan.org
State Health Insurance Assistance Program – SHIP	Provides counselors to answer your questions and help you understand your rights and protections regarding health care choices and choosing a Medicare plan and/or additional health insurance. These programs offer free one-on-one counseling and assistance to people and families using Medicare.	State Health Insurance Assistance Phone: 303-894-7522 Toll Free: 888-696-7213
Sunshine Home Share Colorado	Sunshine Home Share Colorado is a non-profit organization helping homeowners utilize the extra space in their homes to generate income while helping to provide housing to someone needing an affordable rental. Must be 55 years or over. Serving the Denver metro area counties including Arapahoe County.	Sunshine Home Share Colorado Phone: 303-915-8264 www.sunshinehomeshare.org
Veterans Benefit, Inc.	This is a private organization created to ensure all veterans and their surviving spouses are aware of the special pension from the Department of Veterans Affairs referred to as “Non-Service Connected Pension with Aid and Attendance. Which can provide considerable income to veterans or surviving spouses to offset long-term care cost either in home, an assisted living facility or skilled nursing facility. Call for details.	Veterans Benefits, Inc. Phone: 866-870-0888 www.VeternsBenefitsInc.com

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SOCIAL SECURITY		
Organization	Description	Contact Information
Help with Medicare Prescription Drug Costs	The program is available to low income seniors who are already enrolled in Medicare. Visit the web site for information to learn about help with prescription drug costs.	Social Security Administration Phone: 800-772-1213 www.ssa.gov / www.socialsecurity.gov
Replacing Lost Social Security Cards, Name Changes	Call your local Social Security office or go online for instructions and an application for replacing a lost Social Security Card.	Social Security Administration 8000 Southpark Ln. Littleton, CO 80102 Phone: 800-722-1213 Phone: 800-325-0778 www.socialsecurity.gov
Social Security Administration	The Social Security Administration is the US Government Program responsible for administering the programs listed below.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Benefits	Anyone who has worked the required number of quarters and contributed enough into their Social Security account can file to receive monthly benefits. The amount of the benefit depends on how much was contributed into the account and when one starts receiving the benefits. Age 62 is the earliest anyone can start receiving benefits.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Disability Benefits	This program pays benefits to people with disabilities. Call or go online for requirements, instructions, and forms.	Social Security Administration Phone: 800-772-1213 www.ssa.gov/disability www.socialsecurity.gov/disability
Social Security - Supplemental Security Income	This program pays monthly benefits to seniors (age 65 and above) with limited income and few resources, to disabled adults (any age) with limited income and resources, and to all disabled children. These benefits are available to anyone who qualifies, even if they have never been employed.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov
Social Security - Survivor Benefits	When a person who has worked and paid Social Security taxes dies, certain family members may be eligible for survivor benefits. For example, widow, widower, unmarried children, dependent parents age 62 or over.	Social Security Administration Phone: 800-772-1213 www.ssa.gov www.socialsecurity.gov

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SUBSTANCE ABUSE / ADDICTION / ALCOHOLISM		
Organization	Description	Contact Information
Alcoholics Anonymous - AA	Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. No dues or fees for AA membership. Call or visit web site for meeting dates, times & locations.	Alcoholics Anonymous Denver Area Central Committee Phone: 303-322-5636 www.daccaa.org
Al-Anon Family and Group Members	Al-Anon's purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative. There are no dues or fees. Please check the web site for meeting dates, times & locations.	Al-Anon Family and Group Members Phone: 303-321-8788 Phone: 888-425-2666 www.al-anon-co.org www.al-anon.alateen.org
AllHealth Network - Parker Office	Adult Outpatient Services, Child & Family Services, Turning Points – A Counseling & Psychiatric Practice. Locations in Littleton, Englewood, Castle Rock & Parker. Parker walk-in hours: Tuesdays & Wednesdays, 8 AM – 2 PM.	Arapahoe/Douglas Mental Health Network 10350 S. Dransfeldt Road Parker, CO 80134 24-hour Crisis Line: 303-730-3303 Phone: 303-730-8858 Fax: 303-841-5140 www.admhn.org
Colorado State Division of Behavioral Health	The Signals Network has been contracted with the stat to provide information on referrals for low cost or free treatment programs (both inpatient and outpatient) for low income individuals who are dealing with alcohol or drug abuse problems.	Colorado State Division of Behavioral Health www.Colorado.gov Signal Behavioral Health Network 6130 Greenwood Plaza Blvd. Greenwood Village, CO 80111 Treatment Hotline: 303-639-9320 www.SignalBHN.org

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SUBSTANCE ABUSE / ADDICTION / ALCOHOLISM continued		
Organization	Description	Contact Information
Denver Springs Changes	Intensive outpatient program for children and adolescents, ages 12-17. Providing intensive therapy for young people most at risk for suicide and other mental health problems. Call or visit the website to request a confidential assessment by a qualified mental health professional. Most insurance accepted.	Denver Springs Changes 16830 Northgate Dr., Ste. 130 Parker, CO 80134 Phone: 720-468-4780 https://denversprings.com/changes-op
Front Range Clinic <i>"Life Beyond Addiction"</i>	Thirteen Colorado clinics working to make recovery available to everyone who wants it. No wait list; no one is turned away; appointments within 24-48 hrs. of initial contact. Colorado Medicaid, Medicare, United Health Care, Cigna & affordable private pay options.	Front Range Clinic 12919 Stroh Ranch Ct., Unit G Parker, CO 80134 Phone: 303-841-9219 www.frontrangemd.com
Narcotics Anonymous - NA	A nonprofit fellowship of recovering addicts, meeting regularly to help each other stay clean. Complete abstinence from all drugs. Only requirement for membership is the desire to stop using. Call or go online for meeting dates, times & locations.	Narcotics Anonymous Phone: 303-832-3784 www.nacolorado.org www.na.org
Rocky Mountain Crisis Partners	Independent, nonprofit organization providing a regional system of crisis intervention, offering skilled, hope-filled care to individuals and families in crisis. Free services offered through phone and electronic messaging. Coordinates Colorado's National Suicide Prevention Lifeline and helps with emotional and substance abuse issues. 24 hr. hotline.	Rocky Mountain Crisis Partners Phone: 1-844-493-TALK (8255) E-Messaging: Text TALK to 38255 P.O. Box 460695 Denver, CO 80246 https://rmcrisispartners.org
Salvation Army Rehabilitation Center	Call 24/7 for help. Call during business hours for more information or to make an appointment. Inpatient care. No concurrent psychiatric disorder can exist. Must be 18 yrs. or older and sober. No detox facilities.	Salvation Rehabilitation Center 24 Hour Help Line: 303-293-3440 www.SalvationArmyUSA.org
Step Seven, Inc.	A faith-based recovery community helping men find freedom from their addictions and teaching them the leadership skills necessary to move forward.	Step Seven, Inc. 18632 Pony Express Drive Parker, CO 80134 Recorded Msgs: 888-330-1931 Phone: 303-840-0006 Email: Contact@stepseven.org www.stepseven.org

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TAX PREPARATION HELP		
Organization	Description	Contact Information
AARP Foundation Tax Aide Locator	Offers free tax preparation for low to moderate income taxpayers age 50 and older.	AARP Foundation Tax Aide Locator Phone: 888-687-2277 taxaide@aarp.org
Castle Rock Senior Center	Free tax preparation to help low to middle income families of all ages. Assists with preparation of personal income tax forms. Assistance provided by AARP Tax Aides. Appointment required.	Castle Rock Senior Center 2323 Woodlands Blvd Castle Rock, CO 80104 Phone: 303-688-9498
Child Tax Credit	The Child Tax Credit is a credit that may reduce your tax liability (or give you added income) by as much as \$1,000 for each of your qualifying children.	Child Tax Credit www.irs.gov/individuals/Child-Tax-Credit
Earned Income Tax Credit - EITC	EITC is a refundable federal income tax credit for low to moderate-income working individuals and families who earned an income from employment, self-employment, or another source, and meet certain criteria	Earned Income Tax Credit www.irs.gov/eitc
Parker Senior Center	Free tax preparation help for low to middle income families of all ages. Assists with preparation of personal income tax forms. Assistance provided by AARP Tax Aides. Appointment required.	Parker Senior Center 10675 Longs Way Parker, CO 80138 Phone: 303-841-5370
The Piton Foundation - Tax Help Colorado	A complete list of free tax sites statewide is now available online. At these locations, IRS-certified tax preparers will prepare and electronically file ("e-file") your tax return at no cost if you earned less than \$50,000.	The Piton Foundation www.piton.org
United Way Helpline	For information on free or low cost tax preparation help.	United Way Helpline Phone: 211 www.UnitedWayDenver.org

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TRANSPORTATION		
Organization	Description	Contact Information
Denver Regional Transportation District - RTD	The Web site offers riders information including as fares, schedules and trip planning tools. RTD Route 48: All day service from Parker to Lincoln Light Rail Station and Nine Mile Light Rail Station every 30 minutes (peak hours) or every 60 minutes (mid-day hours).	RTD Phone: 303-299-6000 www.RTD-Denver.com www.parkeronline.org/1244/Public-Transportation
Outback Express	Wheelchair accessible, scheduled service offering transportation to older adults, persons with disabilities and the general public in Elbert County. Must call 24-hrs. in advance of ride; trips are charged at \$.11 per mile.	Outback Express Phone: 719-348-5562 Toll Free: 800-825-0208 www.eccog.com/outback-express
Ride Together Douglas County First Call Program	Ride Together is a partnership between the faith-based community, LYFT and Douglas County providing older adults, low-income families, single parents, people with disabilities and others need transportation assistance in Douglas County. To schedule a ride, call First Call @ 303-660-7519 weekdays between 9 AM – 4:30 PM to obtain either free rides or a \$10 discount coupon code, depending on income. Limited to 24 rides per 6-month period. Must call 24 hrs. in advance of first ride.	Ride Together Douglas County First Call Program 100 Third Street Castle Rock, CO 80104 Phone: 303-660-7519 www.douglas.co.us/community/transportation/first-call-program/
First Transit	Provides non-emergency transportation to doctor appointments for Medicaid patients. Call for details.	First Transit Phone: 855-264-6368
Parker FlexRide	A partnership between RTD and the Town of Parker, FlexRide offers curb to curb transportation within many areas of our community. Operates M-F from 5:30 AM – 6 PM. One-way fares: \$.90/kids ages 6-19, \$1.50/seniors and Medicare recipients and \$3/adults. Up to 3 kids under age 5 free with fee-paying adult. Active Military ride free! Online mobile trip booking; most rides arrive in 10 minutes. See web site for details or call to book ride.	Parker Call-n-Ride Phone: 303-301-5772 www.ParkerOnline.org/FlexRide
Neighbor Network <i>A Service of Aging Resources of Douglas County</i>	Screened and trained volunteer driver program offering rides throughout Douglas County. Volunteers use personal vehicles to drive clients to medical appointments, local errands and social outings. <i>Call to request transportation at least five working days prior to needed ride; \$25 membership fee for lifetime services (need-based scholarship available).</i>	Neighbor Network 104 Fourth Street Castle Rock, CO 80104 Phone: 303-841-4300 www.dcneighbornetwork.org

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UTILITIES / HEAT / PHONE / WATER		
Organization	Description	Contact Information
Colorado Lifeline EnTouch Wireless	Government assisted free phone services for qualifying Coloradans. Participants must be enrolled in a qualifying social service programs or meet income requirements. Phone hrs.: 8 am – 10 pm M-F; 8 am – 8 pm Sat; 10 am – 7 pm Sun (CST). Visit web site for Colorado coverage map and application information.	Colorado Lifeline EnTouch Wireless Phone: 1-866-488-8719 www.entouchwireless.com/states/colorado-lifeline-free-phone-service
Colorado Public Utilities Commission	Lifeline is a federal program that lowers the monthly cost of phone and internet. Eligible customers will get at least \$9.25 toward either their phone or internet bill.	Colorado Public Utilities Commission Phone: 303-894-2000 http://www.lifelinesupport.org/ls/
Crisis Intervention Program – CIP	Clients are eligible for CIP’s emergency help for furnace repair or replacement of a primary heating system, only after being accepted into the Low-Income Energy Assistance Program (LEAP). Call or go online for details.	Low Income Energy Assistance Crisis Intervention Program Phone: 866-432-8435 Douglas County: 303-688-4825
Energy Outreach Colorado - EOC	Offers possible help with heating bills. Contact them for help from May 1 thru Oct 31, between Nov 1 and Apr 30 you can contact them after you've applied for LEAP and either didn't qualify or need more assistance than LEAP provided. Call or go on line for complete details for qualifying and locating an agency that may be able to assist you. Assistance can only be requested with past due balance on utility bills.	Energy Outreach Colorado Phone: 303-825-8750 Heat Help Line: 866-432-8435 www.EnergyOutreach.org
Energy Resource Center of Colorado Springs	This company serves Douglas and Elbert County residents for the ‘Home Weatherization Program’ sponsored by the Governor’s Energy Office. ERC helps income-qualified people make their homes more energy efficient by providing free weatherization, and/or furnace and insulation services. Services are done to lower high energy bills and make one's home more comfortable.	Energy Resource Center of Colorado Springs 5920 Paonia Ct. Colorado Springs, CO 80915 Phone: 800-949-6444

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UTILITIES / HEAT / PHONE / WATER continued		
Organization	Description	Contact Information
Low Income Energy Assistance Program - LEAP	Assists low income households with heating and winterization costs. All applications must be mailed to the LEAP office in the department of human services for your county for processing. Applications are processed from Nov 1 thru Apr 30. Visit the web site for qualifying criteria as well as applications. While waiting for funds, it is important to pay as much of the bill as possible, as any money received from LEAP will only cover a portion of your heating costs.	Low Income Energy Assistance Program - LEAP County Human Services Dept. www.Colorado.gov LEAP Hotline: 866-432-8435 Douglas County: 303-688-4825 Fax: 855-830-3483
Public Utilities Commission - PUC	The consumer affairs office for the Colorado State Public Utilities Commission. They help with utility bill disputes.	Public Utilities Commission 1560 Broadway Suite 250 Denver, CO 80202 Phone: 303-894-2000 Toll Free: 800-456-0858 Fax: 303-894-2540 www.DORA.state.co.us/puc
Xcel Energy	Customers can prevent having their utilities shut off for lack of payment if they are in the process of applying for LEAP. In case of medical conditions, ask to speak to the Personal Accounts Department. Ask about budget billing to help with delinquent bills, especially if you've promptly paid your bills in the past.	Xcel Energy Phone: 800-331-5262

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VETERANS		
Organization	Description	Contact Information
Aid & Attendance and Housebound Benefits	Programs can help veterans, or their spouse, who require regular assistance with daily living.	VA Denver Regional Office Phone: 800-827-1000 or Phone: 877-427-8387 Veterans Risk Line: 800-273-8255, #1 www.va.gov or www.americanveteransaid.com
Arapahoe/Douglas Works Workforce Center Veterans Services	Arapahoe/Douglas Works provides career assistance to men and woman who have served in the US Armed services and to other individuals who are eligible for veteran's preference. Services provided include priority in placement for employment and training as well as one-on-one assistance and special veterans' events.	Arapahoe/Douglas Works Workforce Center Veterans Services 6974 Lima St. Centennial, CO 80112 Phone: 303-636-1160 Email: veteranservices@adworks.org www.adworks.org
Cohen Military Family Clinic	Provides confidential, compassionate mental health care to post 9-11 Veterans, National Guardsmen, Reservists and their families.	Cohen Military Family Clinic 7800 E. Orchard Road, Ste. 150 Greenwood Village, CO 80111 Phone: 303-724-4255 www.denvercohenclinic.org
Colorado Dept. of Military and Veteran Affairs	The official state web portal for military and veterans' services. Information includes how to obtain military records, employment opportunities and the veterans memorial cemetery.	Colorado Dept. of Military and Veteran Affairs 6848 South Revere Parkway Centennial, CO 80112 Adjutant General's Office: 720-250-1500 www.colorado.gov
Colorado Division of Veterans Affairs	CVA serves as a central source of information on veterans' benefits, rights, and issues. Call first for an appointment.	Colorado Division of Veterans Affairs 1355 S. Colorado Blvd. Building C, Suite 113 Denver, CO 80222 Phone: 303-284-3163 vets.dmva.state.co.us

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VETERANS continued		
Organization	Description	Contact Information
Dental Care	Low income dental care sources for children, mentally ill, seniors and veterans. Offering discounted or free dental services. Please visit the web site for more information	Dental Care www.mddsdentist.com www.cdaonline.org
Office of Veterans Affairs	Advocates for veterans and families, including families of fallen veterans. Staffed by military veterans to assist with applying for benefits, employment assistance, medical care, housing applications and other services such as transportation. Need-based financial assistance also available for rent, food, transportation, utilities and clothing. Open limited hours M-Th; call for exact hours.	Office of Veteran Affairs 301 Wilcox St. Castle Rock, CO 80104 Phone: 303-663-6200 Email: Veterans_Services@douglas.co.us www.douglas.co.us/veterans
Onward to Opportunity (O2O)	Active duty, selected reserve, veterans, and military spouses learn business, technology and customer service skills to accomplish personal and professional goals after military service. FREE program combines industry-validated courses, strong partnerships, and comprehensive career coaching and employer relations services to match participants with civilian job opportunities. Online classes via Syracuse University.	Onward to Opportunity (O2O) Online through Syracuse University https://ivmf.syracuse.edu/onward-to-opportunity/get-started
Praying Hands Ranch Therapeutic Center	Committed to meeting the needs of handicapped children, adults, troubled youth and disabled veterans in a ranch environment therapeutic center. Our primary task is giving clients an opportunity to grow mentally, physically and emotionally strong, gain self-esteem, become independent, learn to care for others, be courageous enough to overcome fears and achieve a better quality of life overall. All new clients must complete the online prospective client registration form and call for more info.	Praying Hands Ranch 11892 E Hilltop Road Parker, CO 80138 Office: 303-841-4043 www.PrayingHandsRanches.org
Project Healing Waters	Project Healing Waters assists in the physical and emotional rehabilitation of disabled and wounded active U.S. military service personnel and veterans. Rehabilitation encompasses several fly fishing-related programs at no cost to participants.	Project Healing Waters Phone: 720-515-1366

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VETERANS continued		
Organization	Description	Contact Information
PTSD Program	The VA Eastern Colorado Health Care System has several programs to assist veterans providing both in-patient and out-patient care.	PTSD Program Clinical Team Phone: 303-399-8020, ext. 2835 Women's Stress Disorder Treatment Phone: 303-399-8020, ext. 3243 PTSD Residential Rehabilitation Program Intensive/Inpatient: Phone: 303-399-8020, ext. 3890
Veterans Crises Line	Free confidential support for Veterans in crisis and their families and friends. Providing a suicide prevention hotline, online Chat or Texting. Caring responders are specially trained and experienced in helping Veterans of all ages and circumstances. Confidential support 24/7/365 days a year.	Veterans Crisis Line Phone: 1-800-273-8255; Press 1 TEXT: 838255 www.veteranscrisisline.net
Veterans Financial Assistance / Housing Assistance	Helping veterans who are at risk of losing housing. Comprehensive programs to prevent and eliminate veteran's homelessness. Call and speak with a trained VA responder who can connect you with the resources the VA offers through these and many other programs.	Office of Veteran Affairs Veterans Financial Assistance / Housing Assistance Phone: 877-424-3838 Benefits: 800-827-1000 Health care: 877-222-8387 www.va.gov/homeless
Veterans Upward Bound at Metropolitan State University	This program helps veterans refresh academic skills and provide the confidence needed to successfully pursue a college degree or post-secondary vocational training program.	Veterans Upward Bound at Metropolitan State University Phone: 303-556-3305 / 303-556-3024 Email: vub2@msudenver.edu www.msudenver.edu/vub
Volunteers of America Support Services for Veterans' Families (SSVF)	Program seeks to prevent Veterans and their families from becoming homeless and to rapidly rehouse those who have lost their homes. It is the intention of Volunteers of America Colorado Branch to break the cycle of homelessness among Colorado's Veteran population.	Volunteers of America Support Services for Veterans' Families (SSVF) Colorado Branch 2660 Larimer St. Denver, CO 80205 Phone: 303-297-0408 E-mail: info@voacolorado.org www.voacolorado.org

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