

# SECOND CHANCE

## STUDENT INFORMATION



## This is YOUR Second Chance!

The Second Chance Program is a web-based, interactive, and self-directed tobacco and other nicotine products education program for middle and high school youth who have violated a tobacco policy at school, or tobacco law in the community. The program may also be helpful for youth who may be experimenting with tobacco or other nicotine products, but have not violated policy or law.

By completing Second Chance, you will be able to:

- Describe why tobacco-free schools policies and laws exist
- Identify myths and facts about nicotine use and addiction
- Identify strategies used by Big Tobacco to target youth
- Discuss the financial impact of using tobacco and other nicotine products
- Identify social norms related to youth tobacco and other nicotine product use
- Discuss personal tobacco and other nicotine product use behaviors
- Identify skills needed to resist, quit, or reduce tobacco or other nicotine product use.

It will take you about 2 to 2 ½ hours to complete the entire program. There are three sections within the program -Community, School, and Home. At the end of each section, you have the option of continuing to the next section or logging out and continuing at a later time.

Once you start the pre-program survey, you must answer each question and complete the entire survey. Please answer each question as honestly as you can. There are no right or wrong answers, only true answers for you. All information collected will be kept confidential. To complete the program you must answer each post-program survey question.

## Go to [secondchancetobacco.org](http://secondchancetobacco.org) to begin!

PattyAnn Maher, Program Coordinator

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Second Chance Program Administrator Name

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Date

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Your Second Chance Username

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Complete Second Chance Program by

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Your Second Chance Password