





What Is the Drug In Vaping?
Nicotine

Nicotine is an oily addicting substance that is one of the main ingredients in any tobacco product.

Nicotine is a stimulant. It creates a pleasurable feeling, raises your heart beat, improves your ability to pay attention, and boosts memory.

Nicotine can reach your brain in ten seconds when smoking or vaping.

The addictive elements disappear if nicotine has no other chemicals mixed with it.

When other chemicals are mixed with nicotine it can become very addictive

If you are just smoking or vaping the nicotine will not kill you; nowever, just one sip of vape juice can kill a child.

## What are the essential parts to vaping

- The Vape pen
- The coil
- E- Liquid
- Nicotine

## Ingredients in e liquid

- 1. Nicotine
- 2. Propylene Glycol
- 3. Vegetable Glycerin
- 4. Water
- 5. Artificial flavorings
- 6. And sometimes Lead

You have to be 18 to legally purchase vape products and it is illegal to vape in general when you are under the age

You can get different percentages of nicotine in your vape pen starting at 3% and ending around 70% if you consumed much more nicotine then that at one time you would most likely die.

## If you vape to much you will get Nic-Sick

## Nic-Sick

- Headaches
- Dizziness/Nausea
- Stomach Aches
- Sore Throat/ Dry Throat
- Over-heating

Vape pens heat oils, waxes or dry herbs to approximately 400°F or 205°C before combustion. This allows the user to inhale pure vapor without the harmful toxins found in smoke.



